

CURRICULUM VITAE

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Place of Birth: Washington, DC

Education

1969	AB	Applied Mathematics	Harvard University
1974	MD		Harvard Medical School

Postdoctoral Training

07/74-06/77	Resident	Adult Psychiatry	Cambridge Hospital
07/77-06/79	Fellow	Child Psychiatry	Massachusetts Mental Health Center
07/78-06/79	Affiliating Fellow	Psychiatry	Children's Hospital
09/80-06/92	Analytic Candidate	Adult Psychoanalysis	Boston Psychoanalytic Institute

Faculty Academic Appointments

07/79-06/15	Clinical Instructor	Psychiatry	Harvard Medical School (Massachusetts Mental Health Center / Beth Israel Hospital / Beth Israel Deaconess Medical Center)
07/15-06/18	Lecturer on Psychiatry (Part-time)	Psychiatry	Harvard Medical School (Beth Israel Deaconess Medical Center)
07/18-	Lecturer on Psychiatry (Part-time)	Psychiatry	Harvard Medical School (Cambridge Health Alliance)

Appointments at Hospitals/Affiliated Institutions

07/76-06/77	Assistant Psychiatrist	Mental Health	Harvard University Health Services
09/79-06/83	Adjunct Professor	Psychology	The Union for Experimental Colleges and

09/84-06/88	Directed Study Mentor	Core Curriculum (Psychoanalytic Psychology)	Universities Massachusetts School of Professional Psychology
09/86-06/07	Faculty	Continuing Education Program	Boston Institute for Psychotherapy
09/87-06/93	Faculty	Core Curriculum (Psychoanalytic Psychology)	Massachusetts Association for Psychoanalytic Psychology
07/89-06/93	Faculty	Continuing Education Program	Beth Israel Hospital
07/89-06/94	Medical Staff	Psychiatry	Faulkner Hospital
09/89-06/90	Faculty	Core Curriculum (Advanced Training Program in Psychoanalytic Psychotherapy)	Boston Psychoanalytic Institute
09/89-06/01	Faculty	Continuing Medical Education	Three Ripley Street – A CME Program for Mental Health Professionals
09/90-06/91	Faculty	Division of Continuing Education	Boston University School of Social Work
09/92-06/93	Faculty	Core Curriculum (Program in Psychoanalytic Studies)	Boston Psychoanalytic Institute
09/92-06/97	Consulting Faculty	Postdoctoral Program in Psychoanalytic Psychotherapy	Massachusetts General Hospital
09/92-06/12	Faculty	Continuing Education Program	Massachusetts School of Professional Psychology
07/93-06/04	Faculty	Continuing Education Program	Massachusetts Mental Health Center
09/93-06/97	Adjunct Professor	Psychology	The Union for Experimental Colleges and Universities
09/93-06/04	Faculty	Core Curriculum (Psychoanalytic Training Program for Analytic Candidates)	Boston Psychoanalytic Institute
09/93-06/07	Faculty	Core Curriculum (Psychoanalytic Training Program for Analytic Candidates)	Massachusetts Institute for Psychoanalysis
09/97-06/00	Faculty	Core Curriculum (Psychoanalytic Psychotherapy Training Program)	Psychoanalytic Couple and Family Institute of New England
09/97-06/10	Consulting Faculty	Center for Psychoanalytic Studies	Massachusetts General Hospital
09/98-	Faculty	Continuing Education Program	Smith College School for Social Work
09/99-06/00	Faculty	Core Curriculum (Center for Psychoanalytic Studies)	Massachusetts General Hospital
07/04-	Faculty	Continuing Education Program	Beth Israel Deaconess Medical Center
09/12-	Faculty	Continuing Education Program	William James College
09/13-	Faculty	Core Curriculum (Center for	William James College

09/13-09/15-	Visiting Scholar Faculty	Psychoanalytic Studies) Center for Psychoanalytic Studies Core Curriculum	William James College SynergyMed for MindBodyHealth: Integrating Traditional and Nontraditional Solutions® Psychiatry Redefined: Shining a Light on the Therapeutic Darkness of Clinical Psychiatry Brookhaven Institute for Psychoanalysis and Christian Theology
09/16-	Faculty	Core Curriculum	
09/16-	Visiting Distinguished Faculty	Core Curriculum	

Other Professional Positions

1972-1974	Drug Counselor (1 evening/week)	Drug Task Force, Harvard University Health Services
1972-1974	Medical Assistant (4 hours/week on medical van serving Harvard Square youth)	People's Free Medical Van, Harvard Medical School
1976-1994	Psychopharmacology Consultant	Cambridgeport Problem Center
1976-1994	Clinical Consultation / Supervision	Cambridgeport Problem Center
1976-1998	Psychopharmacology Consultant	Boston Psychological Center for Women
1976-1998	Clinical Consultation / Supervision	Boston Psychological Center for Women
1978-1992	Psychopharmacology Consultant	Womanspace (Boston, MA)
1979-1989	Psychopharmacology Consultant	Libra Counseling (Somerville, MA)
1980-1998	Psychopharmacology Consultant	Focus Counseling and Consultation, Inc. (Cambridge, MA)
1980-1999	Psychopharmacology Consultant	Wings (Somerville, MA)
1981-1996	Psychopharmacology Consultant	Sundance Comprehensive Counseling Center (Newton, MA)
1982-1989	Psychopharmacology Consultant	Divorce Resource and Mediation Center (Newton, MA)
1984-1986	Clinical Consultation / Supervision	Study Group on Integrating Self Psychology and Classical Psychoanalysis (Brookline, MA)
1984-1986	Psychopharmacology Consultant	Newton Centre Counseling Associates
1985-1990	Clinical Consultation / Supervision	Study Group on the Process of Psychotherapeutic Change (Brookline, MA)
1985-1993	Psychopharmacology Consultant	Suburban Counseling Associates (Newton, MA)
1987-1995	Clinical Consultation / Supervision	Study Group on Self Psychology (Cambridge, MA)
1988-1989	Clinical Consultation / Supervision	Study Group on Process and Interaction (Boston, MA)
1994-2007	Supervising Analyst	Massachusetts Institute for Psychoanalysis
1995-1998	Advisory Board Member	Center for Women's Development, Arbour- HRI Hospital

1998-2002	Advisory Board Member	Hakomi Integrative Somatics (Boulder, CO)
2002-	Advisory Board Member	Sensorimotor Psychotherapy Institute – Professional Training in Somatic Psychology (Boulder, CO)
2006-2016	Health and Medical Advisory Board Member	Housekeeping Channel, LLC (Boise, ID)
2017-	Scientific Advisory Board Member	The Academy of Comprehensive Integrative Medicine (Dallas, TX)

Major Administrative Leadership Positions

Local

1994	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure I	Continuing Education Program, Department of Psychiatry, MMHC + Three Ripley Street
1996	Course Co-director, 2-day CME Conference, The Intersubjective World of the Infant: From Theory to Adult Clinical Practice	Continuing Education Program, Department of Psychiatry, MMHC + Three Ripley Street
1997	Course Co-director, 2-day CME Conference, Developmental Process and the Enigma of Change in Psychodynamic Therapy	Continuing Education Program, Department of Psychiatry, MMHC + Three Ripley Street
1998	Course Co-director, 2-day CME Conference, The Paul L. Russell Psychotherapy Symposium – Crisis and Repetition: The Crucibles of Emotional Growth	Continuing Education Program, Department of Psychiatry, MMHC + Three Ripley Street
1998	Course Co-director, 1-day CME Conference, Treating the Patient Beyond the Symptom: Sustaining the Therapeutic Encounter	Center for Psychoanalytic Studies, MGH + Three Ripley Street
1999	Course Co-director, 2-day CME Conference, The Enigma of Change in Psychodynamic Therapy: Observing the Microprocess of Interaction in Development and Treatment	Continuing Education Program, Department of Psychiatry, MMHC + Three Ripley Street
1999	Course Co-director, 1-day CME Conference, What Just Happened? The Role of Surprise in Psychotherapy	Center for Psychoanalytic Studies, MGH + Three Ripley Street
2000	Course Co-director, 2-day CME Conference, Learning from Violence	Continuing Education Program, Department of Psychiatry, MMHC + Three Ripley Street
2000	Course Co-director, 1-day CME Conference, Reframing the Frame: Boundaries in Psychotherapy	Center for Psychoanalytic Studies, MGH + Three Ripley Street
2002	Course Co-director, 1-day CME Conference, When Attitudes Clash: Values	Center for Psychoanalytic Studies, MGH + Three Ripley Street

	in Treatment	
2006	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure II	Continuing Education Program, Department of Psychiatry, MMHC + Three Ripley Street
2007	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure III	Continuing Education Program, Department of Psychiatry, MMHC + Three Ripley Street
2008	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure IV	Continuing Education Program, Department of Psychiatry, MMHC + Three Ripley Street
2009	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure V	Continuing Education Program, Department of Psychiatry, MMHC + Three Ripley Street
2010	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure VI	Continuing Education Program, Department of Psychiatry, MMHC + Three Ripley Street
2011	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure VII	Continuing Education Program, Department of Psychiatry, MMHC + Three Ripley Street
2012	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure VIII	Continuing Education Program, Department of Psychiatry, BIDMC + Three Ripley Street
2013	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure IX	Continuing Education Program, Department of Psychiatry, BIDMC + Three Ripley Street
2014	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure X	Continuing Education Program, Department of Psychiatry, BIDMC + Three Ripley Street
2015	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure XI	Continuing Education Program, Department of Psychiatry, BIDMC + Three Ripley Street
2016	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure XII	Continuing Education Program, Department of Psychiatry, BIDMC + Three Ripley Street
2017	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current	Continuing Education Program, Department of Psychiatry, BIDMC + Three Ripley Street

2018	Concepts of Cure XIII Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure XIV	Continuing Education Program, Department of Psychiatry, BIDMC + Three Ripley Street
2019	Course Co-director, 3-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure XV	Continuing Education Program, Department of Psychiatry, BIDMC + Three Ripley Street
2021	Course Co-director, 2-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure XVI	Continuing Education Program, Department of Psychiatry, BIDMC + Three Ripley Street
2022	Course Co-director, 2-day CME Conference, The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure XVII	Continuing Education Program, Department of Psychiatry, BIDMC + Three Ripley Street

Regional

1984	Directed Study Mentor, One 10.5-hour Core Curriculum “Independent Study” Course	Massachusetts School of Professional Psychology
1985	Directed Study Mentor, One 10.5-hour Core Curriculum “Independent Study” Course	Massachusetts School of Professional Psychology
1986	Directed Study Mentor, Six 10.5-hour Core Curriculum “Independent Study” Courses	Massachusetts School of Professional Psychology
1987	Directed Study Mentor, Nine 10.5-hour Core Curriculum “Independent Study” Courses	Massachusetts School of Professional Psychology
1988	Directed Study Mentor, Nine 10.5-hour Core Curriculum “Independent Study” Courses	Massachusetts School of Professional Psychology
1989-2001	Founder and Executive Director	Three Ripley Street – A CME Program for Mental Health Professionals
1989-2001	Chairperson, Board of Directors	Three Ripley Street – A CME Program for Mental Health Professionals
1989	Course Director, Nine 10.5-hour CME Courses	Three Ripley Street – A CME Program for Mental Health Professionals
1990	Course Director, Nine 10.5-hour CME Courses	Three Ripley Street – A CME Program for Mental Health Professionals
1990	Course Director, Fifteen 3-hour CME Guest Lectures, The Translation of Psychodynamic Theory into Clinical Practice I	Three Ripley Street – A CME Program for Mental Health Professionals
1991	Course Director, Fifteen 3-hour CME Guest Lectures, The Translation of Psychodynamic Theory into Clinical Practice II	Three Ripley Street – A CME Program for Mental Health Professionals
1991	Course Director, Ten 10.5-hour CME Courses	Three Ripley Street – A CME Program for Mental Health Professionals
1992	Course Director, Six 10.5-hour CME Courses	Three Ripley Street – A CME Program for Mental Health Professionals

1993	Course Director, Six 10.5-hour CME Courses	Three Ripley Street – A CME Program for Mental Health Professionals
1993	Course Director, Eighteen 3-hour CME Guest Lectures, The Translation of Psychodynamic Theory into Clinical Practice III	Three Ripley Street – A CME Program for Mental Health Professionals
1994	Course Director, Six 10.5-hour CME Courses	Three Ripley Street – A CME Program for Mental Health Professionals
1994	Course Co-director, 1-day CME Conference, Is Regression Intrinsic to the Treatment?	Guild for Continuing Education + Three Ripley Street
1994	Course Director, Nineteen 3-hour CME Guest Lectures, The Translation of Psychodynamic Theory into Clinical Practice IV	Three Ripley Street – A CME Program for Mental Health Professionals
1995	Course Director, Eight 10.5-hour CME Courses	Three Ripley Street – A CME Program for Mental Health Professionals
1996	Course Co-director, 5-day CME Conference, Body Oriented Psychotherapy: Building Bridges and Celebrating Diversity (Beverly, MA)	The Center for Body Oriented Psychotherapy + Three Ripley Street
1996	Course Director, Two 3-hour CME Guest Lectures, The Translation of Psychodynamic Theory into Clinical Practice V	Three Ripley Street – A CME Program for Mental Health Professionals
1996	Course Director, Six 10.5-hour CME Courses	Three Ripley Street – A CME Program for Mental Health Professionals
1998	Course Director, Seventeen 3-hour CME Guest Lectures, The Translation of Psychodynamic Theory into Clinical Practice VI	Three Ripley Street – A CME Program for Mental Health Professionals
1998	Course Director, Seven 10.5-hour CME Courses	Three Ripley Street – A CME Program for Mental Health Professionals
1998	Course Co-director, Sixteen 1.5-hour CME Lectures (Monday Lecture Series)	Trauma Center at the Arbour-HRI Hospital + Three Ripley Street
1999	Course Co-director, 1-day CME Pre-conference, Frontiers of Trauma Treatment: The Roles of Attention, Memory, the Therapeutic Relationship, and Working with the Body I	Trauma Center at the Arbour-HRI Hospital + Three Ripley Street
1999	Course Director, Two 3-hour CME Guest Lectures, The Translation of Psychodynamic Theory into Clinical Practice VII	Three Ripley Street – A CME Program for Mental Health Professionals
1999	Course Director, Two 10.5-hour CME Courses	Three Ripley Street – A CME Program for Mental Health Professionals

2000	Course Co-director, 1-day CME Pre-conference, Frontiers of Trauma Treatment: The Roles of Attention, Memory, the Therapeutic Relationship, and Restoration of the Body	Trauma Center at the Arbour-HRI Hospital + Three Ripley Street
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National and International

1998	Course Co-director, 5-day CME Conference, 1 st National Conference of the United States Association for Body Psychotherapy, Creating Our Community: The Art and Science of Body Psychotherapy (Boulder, CO)	The United States Association for Body Psychotherapy + The Center for Body Oriented Psychotherapy + Three Ripley Street
2000	Course Co-director, 5-day CME Conference, 2 nd National Conference of the United States Association for Body Psychotherapy, Expanding Our Community: The Art and Science of Body Psychotherapy (Boulder, CO)	The United States Association for Body Psychotherapy + The Center for Body Oriented Psychotherapy + Three Ripley Street
2013-	Co-founder / Co-director, Center for Psychoanalytic Studies, Two 4-week CE Core Courses and Eight 1-hour CE Luminary Lectures	William James College (formerly Massachusetts School of Professional Psychology)

Committee Service

Local

1971-1974	Harvard University Committee on Rights and Responsibilities	Harvard University
	1972-1974	Secretary
1987-1989	Admissions Committee	Harvard College

Regional

1997-1998	Paul L. Russell Symposium Program Committee	In Memory of Paul L. Russell, MD
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National and International

2011	Organizing Committee	Annual International iMosaic Integrative Medicine Conference (Minneapolis, MN)
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Professional Societies

1980-2005	Boston Psychoanalytic Society and Institute	Member, Symposium Committee
	1993-1996	Member, Curriculum Revision Committee
	1996-1997	
1983-1999	Massachusetts Association for Psychoanalytic Psychology	

1984-1997	American Psychiatric Association	
1984-1999	American Psychoanalytic Association	
1989-2001	Division 39 (Psychoanalysis) of the American Psychological Association	
1992-2007	Massachusetts Institute for Psychoanalysis	
	1992-1995	Member, Admissions Committee
	1998-2001	Board of Directors
1997-2000	Psychoanalytic Couple and Family Institute of New England	
	1997-2000	Board of Directors
	1998-2000	Member, Symposium Committee
2001-2010	American Academy of Environmental Medicine	
	2004-2008	Member, Public Relations and Marketing Committee
	2005-2008	Board of Directors
	2006-2008	Chair, Website Design Committee
2004-2005	American Association of Psychiatric Medicine	
2004-2008	Research Institute for Environmental Medicine (Dallas, TX)	
	2004-2008	Board of Directors
	2005-2008	Secretary
2009-	American Association of Integrative Medicine	

Editorial Activities

Bulletin of the Boston Institute for Psychotherapy

Medjaden Biomedical Services

Dose-Response: The Online Journal of the International Dose-Response Society

Journal of the American Association of Integrative Medicine

Integrative Medicine: A Clinician's Journal

Alternative Therapies in Health and Medicine

Advances in Mind-Body Medicine

Gavin Journal of Psychiatry and Cognitive Behavior

Food and Nutrition Sciences

Electromagnetic Biology and Medicine

Other Editorial Roles

1993-1995	Editorial Board Member	Journal of the New England Center for Self Psychology
1996-1998	Editorial Board Member	Self and Other: Critical Debates
1997-2003	Editorial Board Member	Bulletin of the Boston Institute for Psychotherapy
1998-2001	Editorial Board Member	Comparative Psychoanalysis: An International Journal of Psychoanalytic Perspectives
2007-2009	Editorial Board Member	Journal of Nutritional & Environmental

2008-2009	Senior Editor	Medicine Medjaden Editing Company, Medjaden Biomedical Services
2010-	Editorial Advisory Board	Journal of the American Association of Integrative Medicine
2011-	Editorial Board Member	Journal of Clinical Toxicology
2011-	Editorial Board Member	Alternative Therapies in Health and Medicine
2011-	Editorial Board Member	Annals of Psychotherapy & Integrative Health
2012-	Editorial Board Member	Food and Nutrition Sciences
2013-2015	Editorial Board Member	Electromagnetic Biology and Medicine
2017-	Editorial Board Member	Journal of Clinical and Experimental Toxicology
2017-	Editorial Board Member	Clinical Pharmacology and Toxicology Research
2017-	Editorial Board Member	Journal of Psychiatry and Cognitive Behavior

Honors and Prizes

1989-2001	<p>Founder and Principal of <i>Three Ripley Street</i>, a nationally accredited CME program that provided CMEs to physicians (and allied health professionals) and was considered by many to be the most accessible (and affordable) CME program for psychoanalytic psychotherapy in New England – over the course of its 13 years, thousands of licensed mental health professionals attended the annual Guest Lecture Series (featuring nationally acclaimed speakers and sometimes drawing more than 200 attendees), the trimesters of</p>	<p>Massachusetts Medical Society, American Psychological Association, Massachusetts Chapter of the National Association of Social Workers, Massachusetts Nurses Association, and Massachusetts Association of Marriage and Family Therapists</p>	<p>the first – and, as of 1989, only – non-institutional CME program to receive full 6-year accreditation from the Massachusetts Medical Society to provide CMEs to physicians – as a nationally accredited CME provider, <i>Three Ripley Street</i> was therefore able to be a “joint sponsor” for the educational programs of such other institutions as Massachusetts Mental Health Center, Trauma Center at the Arbour-HRI Hospital, and Guild for Continuing Education</p>
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	Continuing Education Courses (with classes ranging in size from 25 to 45), and the ongoing short- and long-term Supervision Groups		
1994	5 stars earned on amazon.com for <i>Working with Resistance</i> and <i>A Primer on Working with Resistance</i>	amazon.com	
1996	Irwin Rosen (Longtime Proprietor of the well-known Mandrake Book Store in Harvard Square) wrote me a letter declaring my books (<i>Working with Resistance</i> and <i>A Primer on Working with Resistance</i>) the “top-selling books” in the “entire 45-year history” of his store	Mandrake Book Store (one of the most popular sellers of professional books), Cambridge, MA	accessibility of the material and focus always on the translation of theoretical constructs into clinical practice
1997	9 th Annual Diane Davis Memorial Lecture (Close Encounters of the Brief Kind: The Long-term Therapist’s Choices When There Is Not Enough Time)	Program of Continuing Education, Smith College School for Social Work (Northampton, MA)	integration of modes of therapeutic action
1999	22 nd Annual Erich Lindemann Memorial Lecture	Erich Lindemann Memorial Lecture Committee	integration of mind, body, and spirit
1999	Twenty-Five Years at Harvard University	Service Recognition Certificate	
2000	Book of the Year (<i>Modes of Therapeutic Action: Enhancement of Knowledge, Provision of Experience, and Engagement in Relationship</i>)	Publisher – Jason Aronson Inc	
2000	Clinician of the Year	Publisher – Jason Aronson Inc	
2000	5 stars earned on amazon.com for <i>Modes</i>	amazon.com	

2000	<i>of Therapeutic Action</i> Member of a Think Tank (a select group of “nationally and internationally renowned” clinicians) brought together in Bodega Bay, CA, for 4 days of intensive discussion about “important issues in the field of contemporary dynamic psychotherapy”	Lifespan Learning Institute (Los Angeles, CA)	
2002	Publisher selected <i>Modes of Therapeutic Action</i> as one of his “Top Three Picks for Our Entire Twenty-Five Years of Publishing”	Publisher – Jason Aronson, MD (a psychiatrist by training)	
2002	Invited by Editor of <i>The Freud Encyclopedia: Theory, Therapy, and Culture</i> to provide the definitive entry on “Resistance”	Edward Erwin, Editor, <i>The Freud Encyclopedia</i>	recognized expertise on the topic of resistance and an ability to simplify a complex concept without losing any of its subtleties
2003	The environmentally safe, chemical-free kitchen that I designed for my home at 3 Ripley Street was featured in both the <i>Sunday Boston Globe Magazine</i> and the <i>Robb Report Magazine</i>	<i>Sunday Boston Globe Magazine</i> and the <i>Robb Report Magazine</i>	use of non-toxic alternatives for safer, healthier homes
2004	25-Year Service Recognition Certificate	Harvard Medical School	
2005	1 st Annual Louisa Howe Memorial Lecture (Psychoanalysis Enacted: Re-experiencing the Old, Constructing the New) at the 5 th International Pesso Boyden System	Pesso Boyden System Psychomotor Therapy (Franklin, NH)	integration of “bottom-up” with “top-down” processing of unmastered experience

2006	<p>Psychomotor Congress (Minneapolis, MN) Invited by Editors of <i>Psychiatric Times</i> to write the front cover article for their Special Bonus Issue on “Treatment-Resistant Depressions and Augmentation Strategies”</p>	<p><i>Psychiatric Times</i> (the #1 psychiatric publication in the United States and the most widely read psychiatric publication in the world)</p>	<p>advocating for a more holistic approach – appreciating that mood disorders are about not just imbalanced levels of neurotransmitters in the brain but also the potentially devastating impact of the myriad of environmental stressors to which the mind and body are being continuously exposed</p>
2007	<p>Closing Plenary Address (The Wisdom of the Matrix: Regulation, Balance, and Harmony) at the 14th Annual International Symposium on Functional Medicine (Tucson, AZ)</p>	<p>Institute for Functional Medicine (Gig Harbor, WA)</p>	<p>integration of mind and body, conceptualization of the “MindBodyMatrix,” and capacity of the system to process and integrate the impact of environmental challenge, i.e., the capacity to tolerate stress</p>
2008	<p>Invitation by Author of Featured Article in <i>Critical Reviews in Toxicology Journal</i> to provide Expert Commentary on his Overview of Hormesis – Stark M. Hormesis, Adaptation, and the Sandpile Model. <i>Critical Reviews in Toxicology</i> 2008:38(7):641-44</p>	<p>Edward J Calabrese, PhD, Internationally Renowned Expert on Hormesis and Professor of Toxicology in the School of Public Health at the University of Massachusetts (Amherst)</p>	<p>deep appreciation for the relevance of the hormetic (biphasic) dose-response to the realm of medicine as well as the realm of toxicology</p>
2010-2013	<p>The environmentally safe, chemical-free, eco-friendly landscaping (“Waterfall Wonderland”) that I created for my oceanfront home in Marion, MA, has been featured in several architectural design and</p>	<p><i>Coastal Life, Home Gallery, New England Homes, and Celebrated Living: The Luxury Magazine for American Airlines Premium Class Passengers</i></p>	<p>use of non-toxic landscape features and design ideas for creating safer, healthier environments</p>

2010	<p>home / garden magazines Recipient of a Meritorious Service Award for my outstanding contributions as a Board Member</p>	<p>American Academy of Environmental Medicine</p>	<p>co-author of the American Academy of Environmental Medicine's Position Paper on Chemical Sensitivity</p>
2011	<p>Invited by William J. Rea, M.D., to contribute a chapter to the revised edition of his groundbreaking 4-volume set on <i>Chemical Sensitivity</i></p>	<p>William J Rea, MD, Internationally Renowned Environmental Physician at the Environmental Health Center – Dallas, TX</p>	<p>attunement to the complex interdependence of mind and body and to the contribution of environmental risk factors to the development of chronic inflammatory and degenerative diseases</p>
2011	<p>Featured in the "Conversations" Interview ("What Doesn't Kill You Makes You Stronger") by Suzanne Snyder and Karen Burnett in fall issue of popular journal</p>	<p><i>Alternative Therapies in Health and Medicine</i>, A Peer-Reviewed Journal, Sep/Oct 2011, Vol. 17, No. 6</p>	<p>chronicling my evolution as a psychiatrist / psychoanalyst whose primary concern was with the internal workings of the mind to a more holistic practitioner whose particular focus is on the mind-body connection</p>
2011	<p>Use of <i>Working with Resistance</i> and <i>Modes of Therapeutic Action</i> as primary textbooks in a number of psychodynamic and psychoanalytic training programs both locally (psychiatric residents at both MGH and McLean Hospital), regionally (trainees at Boston Psychoanalytic Institute, Massachusetts School of Professional Psychology, and Boston Institute for Psychotherapy), and nationally (trainees at the Sanville Institute in California and psychoanalytic candidates at the</p>	<p>a number of psychodynamic and psychoanalytic training programs throughout the country</p>	<p>crisp and concise conceptualization of the therapeutic process (transformation of resistance into awareness, relentlessness into acceptance, and re-enactment into accountability)</p>

Newport
 Psychoanalytic Institute
 in California and the
 Denver Institute for
 Psychoanalysis)

2011	Invited by Clinical Challenges Editor for the Harvard Review of Psychiatry to be an Expert Discussant for a trainee-based Clinical Presentation	Steven Gans, MD, Clinical Challenges Editor for the Harvard Review of Psychiatry (a peer-reviewed medical journal that provides scholarly perspectives on a diverse range of important topics in psychiatry)	recognition of the critical role played by the patient's relentless pursuit of the "bad object" because of her refusal to confront – and grieve – the reality of the object's very real limitations
2012	Featured in a video production entitled "Passion and Poison: The Vindication of Vincent van Gogh"	Adrienne Sprouse, MD, a nationally renowned Environmental Medicine physician	the role of environmental toxins in the development of chronic illness
2012	Recipient of the Annual Dr. Stephen D. Hayes Community Service & Teaching Award	Massachusetts School of Professional Psychology	in honor of her distinguished service to the mental health community as clinician, educator, and author

Report of Local Teaching and Training

Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)

1981	Clinical Case Conference psychiatric residents, clinical fellows, medical students, hospital staff	Service II (inpatient), MMHC 1½-hour interview of patient and discussion of clinical issues
1983	Clinical Case Conference psychiatric residents, clinical fellows, medical students, hospital staff	Day Hospital I (outpatient), MMHC 1½-hour interview of patient and discussion of clinical issues
1983	Clinical Case Conference psychiatric residents, clinical fellows, medical students, hospital staff	Southard Clinic (outpatient), MMHC 1½-hour interview of patient and discussion of clinical issues
1985	Clinical Case Conference psychiatric residents, clinical fellows, medical students, hospital staff	Day Hospital II (outpatient), MMHC 1½-hour interview of patient and discussion of clinical issues
1986	Clinical Case Conference psychiatric residents, clinical fellows, medical students, hospital staff	Day Hospital II (inpatient), MMHC 1½-hour interview of patient and discussion of clinical issues
1992	Psychotherapeutic Technique: Working with the Resistance	Thursday Evening Seminar Series, Postdoctoral Program in Psychoanalytic Psychotherapy, MGH
1993	psychiatric residents, clinical fellows The Narcissistic and Therapeutic Alliances	1½-hour seminar Thursday Evening Seminar Series, Postdoctoral Program in Psychoanalytic

		Psychotherapy, MGH 1½-hour seminar
1994	psychiatric residents, clinical fellows The Therapist as Container for the Patient's Relentless Entitlement	Thursday Evening Seminar Series, Postdoctoral Program in Psychoanalytic Psychotherapy, MGH
1995	psychiatric residents, clinical fellows Interpretation, Empathy, and Interaction	1½-hour seminar Thursday Evening Seminar Series, Postdoctoral Program in Psychoanalytic Psychotherapy, MGH
1995	psychiatric residents, clinical fellows Relentless Hope: The Refusal to Grieve	1½-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
1995	PGY3 psychiatric residents The Therapist's Choices: Interpretation, Empathy, and Interaction	1-hour seminar Thursday Evening Seminar Series, Postdoctoral Program in Psychoanalytic Psychotherapy, MGH
1996	psychiatric residents, clinical fellows Relentless Hope: The Refusal to Grieve	1½-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
1996	PGY3 psychiatric residents Relentless Hope: The Refusal to Grieve	1-hour seminar Thursday Evening Seminar Series, Postdoctoral Program in Psychoanalytic Psychotherapy, MGH
1997	psychiatric residents, clinical fellows The Therapist's Use of Self: On Finding and Being Found	1½-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
1997	psychiatric residents, clinical fellows Relentless Hope: The Refusal to Grieve	1½-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
1997	PGY3 psychiatric residents Relentless Hope: The Refusal to Grieve	1-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
1998	psychiatric residents, clinical fellows Transference-Countertransference Entanglements	1½-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
1999	psychiatric residents, clinical fellows Relentless Hope: The Refusal to Grieve	1½-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
1999	PGY3 psychiatric residents Mutual Enactment and Projective Identification	1-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
1999	psychiatric residents, clinical fellows Working with Resistance	1½-hour seminar Department of Psychiatry, MGH
	psychiatric residents	Four 1½-hour classes

2000	Relentless Hope: The Refusal to Grieve	Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
	PGY3 psychiatric residents	1-hour seminar
2000	The Patient's Need to Be Failed	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2000	Sadomasochism: Theory and Treatment	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2000	Knowledge, Experience, and Relationship: Agents of Therapeutic Change	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2001	Relentless Hope: The Refusal to Grieve	Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
	PGY3 psychiatric residents	1-hour seminar
2001	The Therapist's Use of Self: On Finding and Being Found	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2002	Narcissism and Disorders of the Self	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2002	Knowledge, Experience, and Relationship: Agents of Change	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2003	Psychotherapeutic Interventions	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2003	Empathic Listening	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2004	Negotiating at the Intimate Edge	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2004	On Transforming Need to Capacity	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2004	Modes of Therapeutic Action	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2004	Relentless Hope: The Refusal to Grieve	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2005	The Defense of Relentlessness	Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
	psychiatric residents, clinical fellows	1½-hour seminar
2005	Moment by Moment	Thursday Evening Seminar Series, Center

2005	psychiatric residents, clinical fellows Transformation of Relentless Hope	for Psychoanalytic Studies, MGH 1½-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
2006	psychiatric residents, clinical fellows Conflict Statements: Highlighting the Conflict Within	1½-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
2006	psychiatric residents, clinical fellows Working with Resistance	1½-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
2006	psychiatric residents, clinical fellows Relentless Hope: The Refusal to Grieve	1½-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
2007	psychiatric residents, clinical fellows Relentless Hope: The Refusal to Grieve	1½-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
2007	PGY3 psychiatric residents Self Psychology and Beyond: The Holism of Intersubjectivity as a Complement to the Reductionism of Subjectivity	1-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
2007	psychiatric residents, clinical fellows Modes of Therapeutic Action	1½-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
2008	psychiatric residents, clinical fellows The Therapeutic Process: From Disorder to Order	1½-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
2008	psychiatric residents, clinical fellows Relentless Hope: The Refusal to Grieve	1½-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
2009	psychiatric residents, clinical fellows Optimal Stress: Stronger at the Broken Places	1-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
2009	psychiatric residents, clinical fellows The Therapeutic Process: Complex Interplay of Challenge and Support	1½-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
2009	psychiatric residents, clinical fellows The Therapeutic Process: Cycles of Disruption and Repair	1½-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
2010	psychiatric residents, clinical fellows Modes of Therapeutic Action: Knowledge, Experience, and Relationship	1½-hour seminar Program for Psychotherapy Fellows at the Cambridge Health Alliance, Cambridge Hospital
2010	2 nd year fellows Relentless Hope: The Refusal to Grieve	1½-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital

2010	PGY3 psychiatric residents From Enactment to Accountability: The Negotiation of Therapeutic Impasse	1-hour seminar Thursday Evening Seminar Series, Center for Psychoanalytic Studies, MGH
2010	psychiatric residents, clinical fellows Negotiating at the Intimate Edge of Authentic Engagement	1½-hour seminar Program for Psychotherapy Fellows at the Cambridge Health Alliance, Cambridge Hospital
2011	2 nd year fellows Relentless Hope: The Refusal to Grieve	1½-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
2012	PGY3 psychiatric residents Relentless Hope: The Refusal to Grieve	1-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
2013	PGY3 psychiatric residents Relentless Hope: The Refusal to Grieve	1-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
2014	PGY3 psychiatric residents Relentless Hope: The Refusal to Grieve	1-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
2015	PGY3 psychiatric residents Relentless Hope: The Refusal to Grieve	1-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
2016	PGY3 psychiatric residents Relentless Hope: The Refusal to Grieve	1-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
2017	PGY3 psychiatric residents Modes of Therapeutic Action: Awareness, Acceptance, Accountability, and Accessibility	1-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
2018	PGY3 psychiatric residents The Schizoid Defense of Relentless Despair: A Heart Shattered, The Private Self, and A Life Unlived	1-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
2019	PGY3 psychiatric residents Conflict Statements	1-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
2021	PGY3 psychiatric residents Relentless Hope: The Refusal to Grieve	1-hour seminar Psychodynamic Psychotherapy Seminar for Psychiatric Residents, Department of Psychiatry, MGH/McLean Hospital
	PGY3 psychiatric residents	1-hour online seminar

2021	Intensive Psychodynamic Psychotherapy Training (Models 1, 2, and 3 of the Psychodynamic Synergy Paradigm) Faculty, Staff, and Trainees in the CHA Department of Psychiatry	300+ Narrated PowerPoint Slides (constituting 8+ hours of narration) plus Weekly Q&A Zoom Sessions 1-month online seminar
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Clinical Supervisory and Training Responsibilities

1977-1995	1-on-1 clinical supervision of 3-4 MMHC psychiatric residents every year	One hour per week every year for each of the 3-4 psychiatric residents
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Formal Teaching of Peers (e.g., CME and other continuing education courses)

1993	Psychodynamic Treatment of the Resistant Patient 4 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by HMS Department of Psychiatry at MMHC	1 week (16.25 hours) North Falmouth, MA
1994	From Structural Conflict to Relational Conflict: A Contemporary Model of Therapeutic Action 2-day CME program sponsored by HMS Department of Psychiatry at MMHC and by Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure I	1-hour lecture / 1-hour panel discussion Boston, MA
1995	Working with Resistance: A Self Psychological Approach 2-day CME program sponsored by HMS Department of Psychiatry at MMHC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: A Self Psychological and Integrative Approach for the 1990s	1-hour lecture / 1-hour panel discussion Boston, MA
1995	Working with Resistance 6 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC	1 week (16.25 hours) North Falmouth, MA
1996	The Mother-Infant Dyad – Opening Remarks 2-day CME program sponsored by HMS Department of Psychiatry at MMHC + Three Ripley Street – The Intersubjective World of the Infant: From Theory to Adult Clinical Practice	30-minute overview Boston, MA
1997	The Process of Change – Opening Remarks 2-day CME program sponsored by HMS Department of Psychiatry at MMHC + Three Ripley Street and entitled Developmental Process and the Enigma of Change in Psychodynamic Therapy	30-minute overview Boston, MA
1997	Intersubjectivity Across the Generations 2-day CME program sponsored by HMS Department of Psychiatry at MGH and entitled Crisis Points in	1-hour lecture Boston, MA

	Adult Life	
1997	The Therapist's Choices: Interpretation, Provision, and Interaction 8 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC	1 week (16.25) North Falmouth, MA
1998	Models of Therapeutic Action 9 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC	1 week (16.25 hours) North Falmouth, MA
1998	Treating the Patient Beyond the Symptom: Sustaining the Therapeutic Encounter 1-day CME program sponsored by Center for Psychoanalytic Studies in Department of Psychiatry at MGH + Three Ripley Street	3-hour clinical case consultation Boston, MA
1999	What Just Happened? The Role of Surprise in Psychotherapy 1-day CME program sponsored by Center for Psychoanalytic Studies in Department of Psychiatry at MGH + Three Ripley Street	3-hour clinical case consultation Boston, MA
1999	Psychoanalysis Enacted: Re-experiencing the Old, Constructing the New 10 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC	1 week (16.25 hours) North Falmouth, MA
1999	The Clinician's Guide to Psychotherapeutic Interventions 10 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC	1 week (16.25 hours) North Falmouth, MA
2000	Agents of Therapeutic Change 11 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC	1 week (16.25 hours) North Falmouth, MA
2000	Reframing the Frame: Boundaries in Psychotherapy 1-day CME program sponsored by Center for Psychoanalytic Studies in Department of Psychiatry at MGH + Three Ripley Street	3-hour clinical case consultation Boston, MA
2001	Modes of Therapeutic Action: Current Concepts of Cure 12 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC	1 week (16.25 hours) North Falmouth, MA
2002	Knowledge, Experience, and Relationship: Agents of Therapeutic Change 13 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC	1 week (16.25 hours) North Falmouth, MA

2002	When Attitudes Clash: Values in Treatment 1-day CME program sponsored by Center for Psychoanalytic Studies in Department of Psychiatry at MGH + Three Ripley Street	3-hour clinical case consultation Boston, MA
2003	Knowledge, Experience, and Relationship: Agents of Therapeutic Change 14 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC	1 week (16.25 hours) North Falmouth, MA
2004	Relentless Hope: The Refusal to Grieve 1-day CME program sponsored by Cambridge Health Alliance Physicians Organization of Department of Psychiatry at The Cambridge Hospital and entitled Grief and Bereavement	1-hour lecture Cambridge, MA
2004	Knowledge, Experience, and Relationship: Agents of Therapeutic Change 15 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	1 week (16.25 hours) North Falmouth, MA
2005	Relentless Pursuit of the Object: Transforming the Need to Possess and Control into a Capacity to Relent, Forgive, and Let Go 1 st Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + Massachusetts School of Professional Psychology	6-hour lecture Dedham, MA
2005	Knowledge, Experience, and Relationship: Agents of Therapeutic Change 8 th Annual Winter Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	1 week (16.25 hours) Longboat Key, FL
2005	Knowledge, Experience, and Relationship: Agents of Therapeutic Change 16 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	1 week (16.25 hours) North Falmouth, MA
2005	Agents of Therapeutic Change: The Clinician's Guide to Psychotherapeutic Interventions 8 th Annual Winter Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	14 hours (weekend) Esalen Institute, Big Sur, CA
2006	Transformation of Relentless Hope: A Relational Approach to Sadomasochism 3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure II	1-hour lecture / 1-hour panel discussion Boston, MA

2006	Moment by Moment: The Clinician's Guide to Psychotherapeutic Interventions 9 th Annual Winter Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	14 hours (weekend) Esalen Institute, Big Sur, CA
2006	From Structural Conflict to Relational Conflict: A Contemporary Model of Therapeutic Action 17 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	1 week (16.25 hours) North Falmouth, MA
2006	The Therapist's Use of Self: On Finding and Being Found 2 nd Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + Massachusetts School of Professional Psychology	6-hour lecture Dedham, MA
2007	Self Psychology and Beyond: The Holism of Intersubjectivity as a Complement to the Reductionism of Subjectivity 3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure III	1-hour lecture / 1-hour panel discussion Boston, MA
2007	Transformation of Relentless Hope: A Relational Approach to Sadomasochism 10 th Annual Winter and Spring Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	14 hours (weekend) Esalen Institute, Big Sur, CA
2007	Modes of Therapeutic Action: Top-down and Bottom-up Processing and Integration 18 th Annual Cape Cod Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	1 week (16.25 hours) North Falmouth, MA
2007	The Therapeutic Action of Psychodynamic Psychotherapy: Top-down and Bottom-up Processing and Integration 3 rd Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + Massachusetts School of Professional Psychology	6-hour lecture Dedham, MA
2008	Process, Integration, and Change 3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure IV	1-hour lecture / 1-hour panel discussion Boston, MA

2008	The Therapeutic Action of Psychodynamic Psychotherapy: Top-down and Bottom-up Processing and Integration 11 th Annual Winter Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	14 hours (weekend) Esalen, Big Sur, CA
2009	The Therapist's Capacity to Tolerate What the Patient Finds Intolerable 3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure V	1-hour lecture / 1-hour panel discussion Boston, MA
2009	The Therapeutic Process: Complex Interplay of Challenge and Support 4 th Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + Massachusetts School of Professional Psychology	6-hour lecture Dedham, MA
2009	Modes of Therapeutic Action: Top-down and Bottom-up Processing and Integration 12 th Annual Winter Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	14 hours (weekend) Esalen Institute, Big Sur, CA
2009	Optimal Stress: Stronger at the Broken Places 4 th Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + Massachusetts School of Professional Psychology	6-hour lecture Dedham, MA
2010	From Enactment to Accountability: The Negotiation of Therapeutic Impasse 3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure VI	1-hour lecture / 1-hour panel discussion Boston, MA
2010	Relentless Hope: The Refusal to Grieve 13 th Annual Winter Seminars for Mental Health Professionals Series sponsored by HMS Department of Psychiatry at MMHC / BIDMC	12 hours (weekend) Esalen Institute, Big Sur, CA
2010	Relentless Hope: The Refusal to Confront the Reality of Things as They Are 5 th Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + Massachusetts School of Professional Psychology	6-hour lecture Dedham, MA
2010	Relentless Hope: The Refusal to Grieve 21 st Annual Cape Cod Summer Seminars for Mental	1 week (16.25 hours) North Falmouth, MA

2011	Health Professionals Series sponsored by HMS Department of Psychiatry at MMHC / BIDMC The Capacity to Relent	1-hour lecture / 1-hour panel discussion Boston, MA
2011	3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure VII	6-hour lecture Dedham, MA
2011	Relentless Hope: The Refusal to Grieve 6 th Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + Massachusetts School of Professional Psychology	6-hour lecture Dedham, MA
2011	Negotiating at the Intimate Edge of Sadomasochistic Engagement: Accountability and the Capacity to Relent 6 th Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + Massachusetts School of Professional Psychology	10 hours (weekend) Martha's Vineyard, MA
2012	Contemporary Psychodynamic Psychotherapy: An Integrative Approach 22 nd Annual Summer Seminars for Mental Health Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	6-hour lecture Dedham, MA
2012	Modes of Therapeutic Action: Awareness, Acceptance, and Accountability 7 th Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + Massachusetts School of Professional Psychology	1-hour lecture / 1-hour panel discussion Boston, MA
2012	From Unwitting Enactment to Accountability and Empowerment 3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure VIII	1-hour lecture / 1-hour panel discussion Dedham, MA
2012	My Odyssey: A Journey in Progress 1-day CME program sponsored by Massachusetts School of Professional Psychology and entitled Distinguished Careers and Career Opportunities in Behavioral Health	10 hours (weekend) Martha's Vineyard, MA
2012	Contemporary Psychodynamic Psychotherapy: An Integrative Approach 23 rd Annual Summer Seminars for Mental Health	

	Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	
2013	From Defense to Adaptation: The Transformative Process 3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure IX	1-hour lecture / 1-hour panel discussion Boston, MA
2013	Therapeutic Agents of Change: Dissonance, Disillusionment, and Detoxification 8 th Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + William James College	6-hour lecture Newton, MA
2014	On the Capacity to Experience the Self as “Good Enough” 3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure X	1-hour lecture / 1-hour panel discussion Boston, MA
2014	From Defense to Adaptation: The Ever-Evolving Psychodynamic Process 9 th Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + William James College	6-hour lecture Newton, MA
2015	Introduction and Overview: Dr. Richard Schwartz’s Internal Family Systems Model 3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure XI	30-minute presentation Boston, MA
2015	Case Discussion of Case Presentation entitled A Second Chance: Evolutions in Attachment 3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure XI	1-hour lecture / 1-hour panel discussion Boston, MA
2015	Integrative Psychotherapy: Healing the MindBodyMatrix 10 th Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + William James College	6-hour lecture Newton, MA
2015	Contemporary Psychodynamic Psychotherapy: An Integrative Approach 26 th Annual Cape Cod Summer Seminars for Mental	1 week (16.25 hours) North Falmouth, MA

	Health Professionals Series sponsored by Department of Psychiatry at MMHC / BIDMC	
2016	Case Discussion of Case Presentation entitled A Fragmented Patient: Use of the Therapist as an Autistic Object	1-hour lecture / 1-hour panel discussion
	3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure XII	Boston, MA
2017	Case Discussion of Case Presentation entitled The Narrow Path from Repetition to Working Through: A Clinical Presentation	1-hour lecture / 1-hour panel discussion
	3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure XIII	Boston, MA
2017	The Schizoid Defense of Relentless Despair: A Heart Shattered	6-hour lecture
	12 th Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + William James College	Newton, MA
2018	Relentless Despair and The Impenetrable Self	1-hour lecture / 1-hour panel discussion
	3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure XIV	Boston, MA
2018	A Heart Shattered and The Unlived Life	6-hour lecture
	13 th Annual Master Series in Clinical Practice sponsored by Department of Psychiatry at MMHC / BIDMC + William James College	Newton, MA
2019	Case Discussion of Case Presentation entitled A Fragmented Patient: Use of the Therapist as an Autistic Object	1-hour lecture / 1-hour panel discussion
	3-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of Cure XV	Boston, MA
2021	Understanding Life Backward but Living It Forward	1-hour lecture / 1-hour panel discussion
	2-day CME program sponsored by HMS Department of Psychiatry at MMHC / BIDMC + Three Ripley Street and entitled The Therapeutic Action of Psychodynamic Psychotherapy: Current Concepts of	Boston, MA

Local Invited Presentations

- 1994 The Role of Containment in Treatment of the Borderline
Department of Psychiatry, Mount Auburn Hospital Grand Rounds
- 1995 The Contemporary Perspective: Interpretive, Empathic, or Authentic?
Department of Psychiatry, Judge Baker Children's Center Academic Teaching Rounds
- 1996 The Therapist's Choices: Interpretation, Provision, and Interaction
Bunker Hill Health Center (an affiliate of the MGH) In-Service Training
- 1997 The Therapist's Use of Self: On Finding and Being Found
Department of Psychiatry, MGH Grand Rounds
- 1997 What Does Sexuality Have to Do with Psychopathology? Freud Said Everything
Department of Psychiatry, The Cambridge Hospital Grand Rounds
- 1997 Relentless Hope: The Refusal to Grieve
Department of Psychiatry, Brigham and Women's Hospital Grand Rounds
- 1997 Relentless Hope: The Refusal to Grieve
Department of Psychiatry, McLean Hospital Grand Rounds
- 1998 The Therapist's Unwitting Seductiveness: Stoking the Flames of the Patient's Desire
Department of Social Work, BIDMC Grand Rounds
- 1998 The Therapist's Unwitting Seductiveness: Stoking the Flames of the Patient's Desire
Charlestown HealthCare Center, MGH Grand Rounds
- 1999 The Therapist's Use of Self: On Finding and Being Found
Charlestown HealthCare Center, MGH Grand Rounds
- 1999 Relentless Hope: The Refusal to Grieve
Harvard University Mental Health Service Grand Rounds
- 2000 Relentless Hope: The Refusal to Grieve
Department of Social Work, MGH Grand Rounds
- 2002 Knowledge, Experience, and Relationship: Agents of Therapeutic Change
Charlestown HealthCare Center, MGH Grand Rounds
- 2004 Agents of Therapeutic Change: Knowledge, Experience, and Relationship
Department of Social Work, MGH Grand Rounds
- 2014 Modes of Therapeutic Action: Awareness, Acceptance, and Accountability
Social Service Department, MGH Grand Rounds

Report of Regional, National and International Invited Teaching and Presentations

Invited Presentations and Courses

Regional

- 1978 Case Consultation / Invited Discussion
Tri-City Mental Health Center, Everett, MA
- 1978 The Process of Psychotherapeutic Change / Invited Lecture
Boston Psychological Center for Women, Boston, MA
- 1978 Psychopharmacology as an Adjunct to Treatment / Invited Lecture
Cambridgeport Problem Center, Cambridge, MA
- 1978 The Process of Psychotherapeutic Change / Invited Lecture
Cambridgeport Problem Center, Cambridge, MA
- 1978 Borderline Psychopathology / Invited Lecture

- 1978 Solstice Program for Adolescents at Danvers State Hospital, Danvers, MA
Case Consultation / Invited Discussion
- 1978 Solstice Program for Adolescents at Danvers State Hospital, Danvers, MA
Borderline Psychopathology / Invited Lecture
Walpole State Prison Counseling Staff, Walpole, MA
- 1978 Psychopharmacology as an Adjunct to Treatment / Invited Lecture
Boston Psychological Center for Women, Boston, MA
- 1978 Case Consultation / Invited Discussion
Tri-City Mental Health Center, Inc., Everett, MA
- 1979 Borderline Psychopathology / Invited Lecture
Boston Psychological Center for Women, Boston, MA
- 1979 Borderline Psychopathology / Invited Lecture
Cambridgeport Problem Center, Cambridge, MA
- 1980 Psychopharmacology as an Adjunct to Therapy / Invited Lecture
Division of Counseling Psychology at Lesley College Graduate School, Cambridge, MA
- 1980 Psychopharmacology as an Adjunct to Therapy / Invited Lecture
Suffolk University Counseling Center, Boston, MA
- 1980 Psychopharmacology as an Adjunct to Treatment / Invited Lecture
Womanspace, Boston, MA
- 1980 Case Consultation / Invited Discussion
Cambridgeport Problem Center, Cambridge, MA
- 1980 The Physical Symptoms of Stress: What It Can Do to the Body and What You Can Do
About It / Invited Lecture
Business and Professional Women's Foundation, Boston, MA
- 1981 Clinical Conference, A Case Featuring Pre-Oedipal Issues / Invited Discussion
Cambridgeport Problem Center, Cambridge, MA
- 1981 Borderline Psychopathology / Invited Lecture
Brookline Mental Health Center, Brookline, MA
- 1982 Borderline Psychopathology / Invited Lecture
Focus Counseling and Consultation, Cambridge, MA
- 1982 Borderline Pathology: Diagnosis, Theory, and Treatment / Keynote Presentation at 1st
Annual Conference
Cambridgeport Problem Center, Cambridge, MA
- 1982 Adult Development in Women: Clinical Perspectives / Discussion Leader
Division of Counseling Psychology at the Lesley College Graduate School, Cambridge,
MA
- 1983 The Development of Empathy and its Role in Psychotherapy / Keynote Presentation at 2nd
Annual Conference
Cambridgeport Problem Center, Cambridge, MA
- 1984 Case Consultation / Invited Discussion
Suburban Counseling Associates, Newton, MA
- 1984 Case Consultation / Invited Discussion
Newton Centre Counseling Associates, Newton, MA
- 1985 On Freud / 10.5-hour CME Course (Jun-Jul)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1985 Psychotherapeutic Interventions: Focus on the Narcissistic and Therapeutic Alliances /
Invited Lecture
Cambridgeport Problem Center, Cambridge, MA

- 1985 Suicide: Therapeutic Issues / Invited Lecture
Suffolk University Counseling Center, Boston, MA
- 1985 A Survey of Object Relations Theorists / 10.5-hour CME Course (Jun-Jul)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1986 Case Consultation / Invited Discussion
Cambridgeport Problem Center, Cambridge, MA
- 1986 Negotiating the Therapeutic Contract / Invited Lecture
Cambridgeport Problem Center, Cambridge, MA
- 1986 Integrating Drive and Self Theory / Invited Lecture
Self Psychology Study Group, Newton, MA
- 1986 Internalization and Structuralization from a Self Psychological Perspective / 3-hour
Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1986 Narcissism and the Concept of Self / 12-hour CME Course
Massachusetts Association for Psychoanalytic Psychology, Cambridge, MA
- 1986 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (Feb-Apr)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1986 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (Jun-Jul)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1986 Psychotherapeutic Interventions / 10.5-hour CME Course (Jun-Jul)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1986 A Survey of Object Relations Theorists / 10.5-hour CME Course (Jun-Jul)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1986 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (Sep-Oct)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1986 A Survey of Object Relations Theorists / 10.5-hour CME Course (Sep-Oct)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1987 Self Psychology and Classical Psychoanalysis: An Integration – Part I / Invited Lecture
Brandeis University Counseling Center, Waltham, MA
- 1987 Self Psychology and Classical Psychoanalysis: An Integration – Part II / Invited Lecture
Brandeis University Counseling Center, Waltham, MA
- 1987 Self Psychology and Classical Psychoanalysis: An Integration / Invited Lecture
Southern Jamaica Plain Health Center, Jamaica Plain, MA
- 1987 Transference: Selfobject or Neurotic? / Luncheon Conference
Boston Institute for Psychotherapy, Boston, MA
- 1987 Neurosis / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1987 Self Psychology and Classical Psychoanalysis: An Integration / Invited Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1987 Narcissism and the Concept of Self – Part I / 12-hour CME Course
Massachusetts Association for Psychoanalytic Psychology, Cambridge, MA
- 1987 Narcissism and the Concept of Self – Part II / 12-hour CME Course
Massachusetts Association for Psychoanalytic Psychology, Cambridge, MA
- 1987 Internalization and Structuralization from a Self Psychological Perspective – Part I / 3-hour
Lecture

- Boston Institute for Psychotherapy, Boston, MA
- 1987 Internalization and Structuralization from a Self Psychological Perspective – Part II / 3-hour Lecture
- Boston Institute for Psychotherapy, Boston, MA
- 1987 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality and the Borderline / 10.5-hour CME Course (Jan-Feb)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1987 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality and the Borderline / 10.5-hour CME Course (May-Jun)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1987 A Survey of Object Relations Theorists / 10.5-hour CME Course (May-Jun)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1987 Neurosis / 10.5-hour CME Course (May-Jun)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1987 Psychotherapeutic Interventions / 10.5-hour CME Course (May-Jun)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1987 A Survey of Object Relations Theorists / 10.5-hour CME Course (Sep-Oct)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1987 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality and the Borderline / 10.5-hour CME Course (Sep-Oct)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1987 Neurosis / 10.5-hour CME Course (Sep-Oct)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1988 Self Psychology and Classical Psychoanalysis: An Integration / Invited Lecture
Newton-Wellesley Hospital, Newton, MA
- 1988 Self Psychology and Classical Psychoanalysis: An Integration / Invited Lecture
Thom Clinic, Boston, MA
- 1988 Self Psychology and Classical Psychoanalysis: An Integration / Invited Lecture
Tufts University Counseling Center, Medford, MA
- 1988 A Survey of Object Relations Theorists / 10.5-hour CME Course (Jan-Feb)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1988 Narcissism and the Concept of Self / 12-hour CME Course
Massachusetts Association for Psychoanalytic Psychology, Cambridge, MA
- 1988 Internalization and Structuralization from a Self Psychological Perspective / 3-hour
Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1988 Self Psychology and Classical Psychoanalysis: An Integration / 3-hour Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1988 Neurosis / 10.5-hour CME Course (Jan-Feb)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1988 Psychotherapeutic Interventions / 10.5-hour CME Course (Jan-Feb)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1988 A Survey of Object Relations Theorists / 10.5-hour CME Course (May-Jun)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1988 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality and the Borderline / 10.5-hour CME Course (May-Jun)
- Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1988 Psychotherapeutic Interventions / 10.5-hour CME Course (May-Jun)

- 1988 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
A Survey of Object Relations Theorists / 10.5-hour CME Course (Sep-Oct)
- 1988 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
Neurosis / 10.5-hour CME Course (Sep-Oct)
- 1988 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
Transference-Countertransference / 10.5-hour CME Course (Sep-Oct)
- 1989 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
Self Psychology and Classical Psychoanalysis: An Integration / Invited Lecture
Lowell Public Schools Social Work Department, Lowell, MA
- 1989 Self Psychology and Classical Psychoanalysis: An Integration / Invited Lecture
Human Relations Service, Wellesley, MA
- 1989 Self Psychology and Classical Psychoanalysis: An Integration / Grand Rounds
Charles River Hospital, Wellesley, MA
- 1989 Self Psychology and Classical Psychoanalysis: An Integration / Invited Lecture
Massachusetts Association for Psychoanalytic Psychology, Cambridge, MA
- 1989 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (Jan-Feb)
- 1989 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
Working with Resistance / 15-hour CME Course
Advanced Training Program in Psychoanalytic Psychotherapy, Boston Psychoanalytic
Institute, Boston, MA
- 1989 Narcissism and the Concept of Self / 12-hour CME Course
Massachusetts Association for Psychoanalytic Psychology, Cambridge, MA
- 1989 Self Psychology and Classical Psychoanalysis: An Integration – Part I / 3-hour Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1989 Self Psychology and Classical Psychoanalysis: An Integration – Part II / 3-hour Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1989 Neurosis / 10.5-hour CME Course (Jan-Feb)
- 1989 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
Transference-Countertransference / 10.5-hour CME Course (Jan-Feb)
- 1989 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
A Survey of Object Relations Theorists / 10.5-hour CME Course (May-Jun)
- 1989 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (May-Jun)
- 1989 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
Transference-Countertransference / 10.5-hour CME Course (May-Jun)
- 1989 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
Psychotherapeutic Interventions / 10.5-hour CME Course (May-Jun)
- 1989 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (Sep-Oct)
- 1989 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
Working with Resistance / 10.5-hour CME Course (Sep-Oct)
- 1989 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
On the Relationship Between Shame and Narcissism / Workshop Leader
Boston Institute for Psychotherapy, Boston, MA
- 1990 Self Psychology and Classical Psychoanalysis: An Integration / Invited Lecture

- Newton-Needham Interagency Training Association, Newton, MA
- 1990 Self Psychology and Classical Psychoanalysis: An Integration / Invited Lecture
Faulkner Hospital Social Services Department, Jamaica Plain, MA
- 1990 Self Psychology and Classical Psychoanalysis: An Integration / Grand Rounds
Massachusetts Society of Clinical Psychologists, Newton, MA
- 1990 Self Psychology and Classical Psychoanalysis: An Integration – Part I / Invited Lecture
Boston University School of Social Work, Boston, MA
- 1990 Self Theory, Drive Theory, and Object Relations Theory: An Integration / 3-hour Guest
Lecture
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1990 Neurosis / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1990 Working with Resistance / 12-hour CME Course
Massachusetts Association for Psychoanalytic Psychology, Cambridge, MA
- 1990 Working with Resistance / 15-hour CME Course
Advanced Training Program in Psychoanalytic Psychotherapy, Boston Psychoanalytic
Institute, Boston, MA
- 1990 Self Psychology and Classical Psychoanalysis: An Integration – Part I / 3-hour Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1990 Self Psychology and Classical Psychoanalysis: An Integration – Part II / 3-hour Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1990 Internalization and Structuralization from a Self Psychological Perspective / 3-hour
Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1990 Transference-Countertransference / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1990 Working with Resistance / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1990 A Survey of Object Relations Theorists / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1990 Transference-Countertransference / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1990 Working with Resistance / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1990 Working with Resistance / 10.5-hour CME Course (Sep-Oct)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1990 The Healing Process / 10.5-hour CME Course (Sep-Oct)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1990 Transference-Countertransference / 10.5-hour CME Course (Sep-Oct)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1990 Self Psychology and Classical Psychoanalysis: An Integration / Workshop Leader at
Annual Meeting
New England Psychological Association, Boston, MA
- 1990 Self Psychology and Classical Psychoanalysis: An Integration / Invited Lecture
Newton-Needham Interagency Training Association, Newton, MA
- 1991 Self Psychology and Classical Psychoanalysis: An Integration – Part II / Invited Lecture
Boston University School of Social Work, Boston, MA
- 1991 The Healing Process / Invited Lecture

- Charles River Counseling Center, Newton, MA
- 1991 Drive Theory, Self Theory, and Object Relations Theory: An Integration / Invited Lecture
Stoney Brook Counseling Center, Chelmsford, MA
- 1991 Psychotherapeutic Technique: Working with the Resistance / 3-hour Guest Lecture
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1991 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1991 Working with Resistance / 12-hour CME Course
Massachusetts Association for Psychoanalytic Psychology, Cambridge, MA
- 1991 The Healing Process / 3-hour Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1991 Working with Resistance / 3-hour Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1991 Transference-Countertransference / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1991 Working with Resistance / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1991 The Healing Process / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1991 Neurosis / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1991 A Survey of Object Relations Theorists / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1991 The Healing Process / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1991 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1991 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (Oct-Dec)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1991 Working with Resistance / 10.5-hour CME Course (Oct-Dec)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1992 Psychotherapeutic Technique: Working with the Resistance / Grand Rounds
Westwood Lodge / Pembroke Hospital Social Service Departments, Westwood, MA
- 1992 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
Disorder / Invited Lecture
Health and Education Services, Salem, MA
- 1992 A Self Psychological Approach to the Theory and Treatment of the Borderline / Invited
Lecture
Health and Education Services, Salem, MA
- 1992 Working with the Resistance in Psychotherapy / Invited Lecture
North Shore Children's Hospital, Salem, MA
- 1992 Psychotherapeutic Technique: Repetition, Conflict, and Resistance / 6-hour Presentation
Massachusetts School of Professional Psychology, Dedham, MA
- 1992 Working with Resistance / 6-hour Keynote Presentation at Annual Conference
Park Row Psychotherapy, Brunswick, ME

- 1992 A Survey of Object Relations Theorists / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1992 Working with Resistance / 9-hour CME Course
Program in Psychoanalytic Studies, Boston Psychoanalytic Institute, Boston, MA
- 1992 Self Psychology and Classical Psychoanalysis: An Integration / 3-hour Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1992 The Healing Process / 3-hour Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1992 Working with Resistance / 12-hour CME Course
Massachusetts Association for Psychoanalytic Psychology, Cambridge, MA
- 1992 Transference-Countertransference / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1992 The Healing Process / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1992 Working with Resistance / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1992 A Survey of Object Relations Theorists / 10.5-hour CME Course (Sep-Oct)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1992 Working with Resistance / 10.5-hour CME Course (Sep-Oct)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1992 With Women's Health in Mind / Panel Discussion of a Clinical Case at 2nd Annual
Conference of Center for Women's Development
Human Resource Institute, Brookline, MA
- 1993 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1993 The Healing Process / 9-hour CME Course
Program in Psychoanalytic Studies, Boston Psychoanalytic Institute, Boston, MA
- 1993 The Healing Process / 3-hour Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1993 Contemporary Psychoanalytic Theory / 18-hour Course in Core Curriculum for 4th Year
Analytic Candidates
Massachusetts Institute for Psychoanalysis, Boston, MA
- 1993 Psychodynamic Approach to the Difficult Client / 3-hour Lecture
Boston Institute for Psychotherapy, Boston, MA
- 1993 The Healing Process / 9-hour CME Course
Massachusetts Association for Psychoanalytic Psychology, Cambridge, MA
- 1993 Transference-Countertransference / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1993 A Survey of Object Relations Theorists / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1993 Neurosis / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1993 Contemporary Psychoanalytic Theory / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1993 A Survey of Object Relations Theorists / 10.5-hour CME Course (Oct-Nov)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1993 Psychotherapeutic Technique: Working with the Resistance / Invited Lecture

- Mental Health Center of Greater Cape Ann, Gloucester, MA
- 1993 Relentless Hope: The Refusal to Grieve / Invited Lecture
Franciscan Children's Hospital and Rehabilitation Center, Brighton, MA
- 1993 Psychotherapeutic Technique: Working with the Resistance – Part I / Invited Lecture
Health and Education Services, Salem, MA
- 1993 Psychotherapeutic Technique: Working with the Resistance – Part II / Invited Lecture
Health and Education Services, Salem, MA
- 1993 Psychotherapeutic Technique: Working with the Resistance – Part III / Invited Lecture
Health and Education Services, Salem, MA
- 1993 Relentless Hope: The Refusal to Grieve / Invited Lecture
Charles River Counseling Center, Newton, MA
- 1993 The Process of Healing / 6-hour Presentation
Massachusetts School of Professional Psychology, Dedham, MA
- 1993 The Corrective Emotional Experience Revisited: The Therapist as New Good Object and
Old Bad One / 3-hour Guest Lecture
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1993 Psychodynamic Approach to the Difficult Client / Keynote Presentation
Boston Institute for Psychotherapy, Boston, MA
- 1993 Transforming Need to Capacity: A Self Psychological Approach to the Theory and
Treatment of Narcissistic Personalities and Borderlines / 6-hour Keynote Presentation at
Annual Conference
Park Row Psychotherapy, Brunswick, ME
- 1994 Psychodynamic Therapy with the Difficult Patient / Grand Rounds
Saint Vincent Hospital, Worcester, MA
- 1994 Relentless Hope: The Refusal to Grieve / Invited Lecture
Wheelock College Counseling Center, Boston, MA
- 1994 From Structural Conflict to Relational Conflict: A Contemporary Model of Therapeutic
Action / Grand Rounds
Charles River Hospital, Wellesley, MA
- 1994 Relentless Hope: The Refusal to Grieve / Invited Lecture
Brookline Mental Health Center, Brookline, MA
- 1994 Relentless Hope: The Refusal to Grieve / Invited Lecture
University Hospital Social Work Department, Boston, MA
- 1994 The Contemporary Perspective: Interpretive, Empathic, or Authentic? / Keynote
Presentation at Annual Conference
Boston Institute for Psychotherapy, Boston, MA
- 1994 Relentless Hope: The Refusal to Grieve / Invited Lecture
Massachusetts Association for Psychoanalytic Psychology, Cambridge, MA
- 1994 From Structural Conflict to Relational Conflict: A Contemporary Model of Therapeutic
Action / 6-hour Presentation
Massachusetts School of Professional Psychology, Dedham, MA
- 1994 A Survey of Contemporary Psychoanalytic Theorists: Implications for Treatment / 3-hour
Guest Lecture
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1994 Why the Therapist Needs to Change: The Mutual Struggle for Reciprocity in the
Treatment Relationship / Keynote Presentation at Annual Conference
Massachusetts Association for Psychoanalytic Psychology, Cambridge, MA
- 1994 Contemporary Psychoanalytic Theory / 6-hour Keynote Speaker at Annual Conference

- Park Row Psychotherapy, Brunswick, ME
- 1994 Contemporary Psychoanalytic Theory / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1994 Contemporary Psychoanalytic Theory / 18-hour Course in Core Curriculum for 4th Year Analytic Candidates
Massachusetts Institute for Psychoanalysis, Boston, MA
- 1994 Contemporary Psychoanalytic Theory / 12-hour “Selective” for 3rd and 4th Year Analytic Candidates
Boston Psychoanalytic Institute, Boston, MA
- 1994 The Healing Process / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1994 Working with Resistance / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1994 Transference-Countertransference / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1994 Neurosis / 10.5-hour CME Course (Oct-Nov)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1994 A Survey of Object Relations Theorists / 10.5-hour CME Course (Oct-Nov)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1994 Regression: Necessary or Dispensable? / Keynote Presentation at Annual Conference
Guild for Continuing Education + Three Ripley Street, Boston, MA
- 1994 From Structural Conflict to Relational Conflict: A Contemporary Model of Therapeutic Action / Keynote Presentation at Annual Conference
Symposium of the Society for Research in Adult Development, Amherst, MA
- 1995 The Contemporary Perspective: Interpretive, Empathic, or Authentic? / Invited Lecture
Newton-Needham Interagency Training Association, Newton, MA
- 1995 The Therapist’s Choices: Interpretation, Holding, and Interaction / Invited Lecture
Human Resource Institute, Brookline, MA
- 1995 Relentless Hope: The Refusal to Grieve / Invited Lecture
Westwood Lodge Hospital, Westwood, MA
- 1995 Repetition Compulsion, Transference, and Resistance: Translating Theory into Clinical Practice / Keynote Presentation at Annual Conference
Focus Counseling and Consultation, Cambridge, MA
- 1995 Relentless Hope: The Refusal to Grieve / Invited Lecture
Boston Psychoanalytic Institute, Boston, MA
- 1995 Why the Therapist Has to Change: Conflict, Deception, and Mutual Adaptation / Keynote Presentation at Annual Conference
Western Branch of the Massachusetts Association for Psychoanalytic Psychology, Northampton, MA
- 1995 From Structural Conflict to Relational Conflict: A Contemporary Model of Therapeutic Action / Visiting Lecturer in Grand Rounds Continuing Education Series
The Institute of Living at Hartford Hospital, Hartford, CT
- 1995 Psychotherapeutic Interventions / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1995 Contemporary Psychoanalytic Theory / 18-hour Course in the Core Curriculum for 4th Year Analytic Candidates
Massachusetts Institute for Psychoanalysis, Boston, MA
- 1995 Contemporary Psychoanalytic Theory / 12-hour “Selective” for 3rd and 4th Year Analytic

Candidates

- Boston Psychoanalytic Institute, Boston, MA
- 1995 Interpretation, Empathy, and Authenticity / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1995 Interpretation, Empathy, and Authenticity / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1995 Psychotherapeutic Interventions / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1995 Interpretation, Empathy, and Authenticity / 10.5-hour CME Course (Jul-Aug)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1995 Psychotherapeutic Interventions / 10.5-hour CME Course (Sep-Oct)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1995 Interpretation, Empathy, and Authenticity / 10.5-hour CME Course (Sep-Oct)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1995 Contemporary Psychoanalytic Theory / 10.5-hour CME Course (Sep-Oct)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1995 The Therapeutic Interaction as Authentic Engagement / Keynote Presentation at Annual Conference
Boston Institute for Psychotherapy, Boston, MA
- 1996 Relentless Hope: The Refusal to Grieve / Wednesday Evening Lecture Series
The Center for Women’s Development at the HRI Hospital, Brookline, MA
- 1996 Treatment Resistance / Invited Lecture
Riverside Community Care, Newton, MA
- 1996 Working with Resistance / 6-hour Presentation
Massachusetts School of Professional Psychology, Dedham, MA
- 1996 The Therapist’s Use of Self: On Finding and Being Found / Keynote Speaker at Annual Conference
Boston Institute for Psychotherapy, Boston, MA
- 1996 The Therapist’s Choices: Interpretation, Holding, and Interaction / Invited Lecture
Human Relations Service, Wellesley, MA
- 1996 Close Encounters of the Brief Kind: The Long-term Therapist’s Choices When There Is Not Enough Time / 3-hour Guest Lecture
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1996 The Therapist’s Choices: Interpretation, Provision, and Interaction / Keynote Presentation at Annual Conference
Program in Psychoanalytic Studies, Boston Psychoanalytic Institute, Boston, MA
- 1996 Close Encounters of the Brief Kind: The Long-term Therapist’s Choices When There Is Not Enough Time / 6-hour Lecture
Commonwealth Educational Seminars, Newton, MA
- 1996 The Therapist’s Choices: Interpretation, Holding, and Interaction / 6-hour Keynote Presentation at Annual Conference
New Hampshire Psychological Association, Portsmouth, NH
- 1996 Contemporary Psychoanalytic Theory / 10.5-hour CME Course (Mar-Apr)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1996 Contemporary Psychoanalytic Theory / 18-hour Course in the Core Curriculum for 4th Year Analytic Candidates
Massachusetts Institute for Psychoanalysis, Boston, MA
- 1996 Working with Resistance / 10.5-hour CME Course (Mar-Apr)

- 1996 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
Interpretation, Empathy, and Authenticity / 10.5-hour CME Course (Mar-Apr)
- 1996 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
Working with Resistance / 10.5-hour CME Course (Oct-Nov)
- 1996 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
Interpretation, Empathy, and Authenticity / 10.5-hour CME Course (Oct-Nov)
- 1996 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (Oct-Nov)
- 1996 Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
The Contemporary Relevance of Psychoanalytic Thought / Panel Discussion in Seminar
Series
Program in Psychoanalytic Studies, Boston Psychoanalytic Institute, Boston, MA
- 1996 The Therapist's Choices: Interpretation, Provision, and Interaction / Keynote Presentation
at Annual Conference
Western Branch of the Massachusetts Association for Psychoanalytic Psychology,
Northampton, MA
- 1996 Psychotherapy and Psychoanalysis / Plenary Address
Center for Body Oriented Psychotherapy + Three Ripley Street, Beverly, MA
- 1996 The Therapist's Choices: Interpretation, Provision, and Interaction / Workshop Leader
Center for Body Oriented Psychotherapy + Three Ripley Street, Beverly, MA
- 1997 Relentless Hope: The Refusal to Grieve / Women's Networking Breakfast Series
Center for Women's Psychological Health, Lexington, MA
- 1997 Close Encounters of the Brief Kind: The Long-term Therapist's Choices When There Is
Not Enough Time / Grand Rounds
Baystate Medical Center, Springfield, MA
- 1997 Close Encounters of the Brief Kind: The Long-term Therapist's Choices When There Is
Not Enough Time / Invited Lecture
Boston College Counseling Services, Chestnut Hill, MA
- 1997 Contemporary Perspectives in Psychodynamic Psychotherapy / Discussion of Clinical
Case at Annual Conference
Boston Institute for Psychotherapy, Boston, MA
- 1997 On Working with the Exceptional Patient / Discussion of Clinical Case
Advanced Training Program in Psychoanalytic Psychotherapy, Boston Psychoanalytic
Institute, Boston, MA
- 1997 Close Encounters of the Brief Kind: The Long-term Therapist's Choices When There Is
Not Enough Time / 6-hour Presentation at Annual Conference
Maine Advanced Practice Psychiatric Nurses Association, Portland, ME
- 1997 Transference-Countertransference / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1997 Contemporary Psychoanalytic Theory / 18-hour Course in Core Curriculum for 4th Year
Analytic Candidates
Massachusetts Institute for Psychoanalysis, Boston, MA
- 1997 Contemporary Psychoanalytic Theory / 12-hour "Selective" for 3rd and 4th Year Analytic
Candidates
Boston Psychoanalytic Institute, Boston, MA
- 1997 Neurosis / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA

- 1997 Contemporary Psychoanalytic Theory / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1997 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1997 A Survey of Object Relations Theorists / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1997 Psychotherapeutic Interventions / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1997 Interpretation, Empathy, and Authenticity / 10.5-hour CME Course (Sep-Nov)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1997 Contemporary Psychoanalytic Theory / 10.5-hour CME Course (Sep-Nov)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1997 Working with Resistance / 10.5-hour CME Course (Sep-Nov)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1997 Relentless Hope: The Refusal to Grieve / Invited Lecture
Massachusetts Psychiatric Society's Committee on Women, Boston, MA
- 1997 On Working with the Exceptional Patient / Discussion of Clinical Case at Annual
Conference
Advanced Training Program in Psychoanalytic Psychotherapy, Boston Psychoanalytic
Institute, Boston, MA
- 1997 The Therapist's Unwitting Seductiveness: Stoking the Flames of the Patient's Desire /
Invited Lecture
Massachusetts Institute for Psychoanalysis, Boston, MA
- 1998 Knowledge, Experience, and Relationship: Agents of Therapeutic Change / Invited
Lecture
Trauma Center at Arbour-HRI Hospital, Brookline, MA
- 1998 The Therapist's Unwitting Seductiveness: Stoking the Flames of the Patient's Desire /
Invited Lecture
Department of Veterans Affairs Medical Center, Jamaica Plain, MA
- 1998 The Therapist's Unwitting Seductiveness: Stoking the Flames of the Patient's Desire /
Invited Lecture
Westwood Lodge Hospital, Westwood, MA
- 1998 The Therapist as Authentic Subject: On Finding and Being Found / Invited Lecture
Trauma Center at the Arbour-HRI Hospital, Brookline, MA
- 1998 The Therapist's Unwitting Seductiveness: Stoking the Flames of the Patient's Desire / 3-
hour Guest Lecture
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1998 Working with Resistance / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 1998 Models of Therapeutic Action / 6-hour Lecture
Commonwealth Educational Seminars, Newton, MA
- 1998 Models of Therapeutic Action / Keynote Presentation at Annual Conference
Maine Advanced Practice Psychiatric Nurses Association, Portland, ME
- 1998 Transference-Countertransference / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1998 Contemporary Psychoanalytic Theory / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA

- 1998 Psychotherapeutic Interventions / 10.5-hour CME Course (Jan-Feb)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1998 Neurosis / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1998 A Self Psychological Approach to the Theory and Treatment of the Narcissistic Personality
and the Borderline / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1998 Contemporary Psychoanalytic Theory / 10.5-hour CME Course (Oct-Nov)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1998 Psychotherapeutic Interventions / 10.5-hour CME Course (Oct-Nov)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1998 The Therapist's Use of Self: On Finding and Being Found / 6-hour Lecture
Massachusetts School of Professional Psychology, Dedham, MA
- 1998 Crisis and Repetition: Inevitable, Necessary, Desirable? / Featured Speaker
Paul L. Russell Psychotherapy Symposium Committee + Three Ripley Street, Chestnut
Hill, MA
- 1999 Therapeutic Impasses / Presentation at Fenway's Health Forum
Fenway Community Health Center, Boston, MA
- 1999 Knowledge, Experience, and Relationship: Agents of Therapeutic Change / Lead-off
Speaker in Annual Seminar Series
Two Brattle Center, Cambridge, MA
- 1999 Modes of Therapeutic Action – Part I / Invited Lecture
South Shore Mental Health Center, Charlestown, MA
- 1999 Modes of Therapeutic Action – Part II / Invited Lecture
South Shore Mental Health Center, Charlestown, MA
- 1999 A Practical Guide to Therapeutic Interventions / 3-hour Guest Lecture
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1999 A Case of Ritual Abuse / Discussion of Clinical Case at Annual Conference
Massachusetts Institute for Psychoanalysis, Cambridge, MA
- 1999 Working with Resistance / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 1999 A Practical Guide to Therapeutic Interventions / 6-hour Keynote Presentation at Annual
Conference
New Hampshire Psychological Association, Nashua, NH
- 1999 Contemporary Psychoanalytic Theory / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1999 Contemporary Psychoanalytic Theory / 18-hour Course in Core Curriculum for 4th Year
Analytic Candidates
Massachusetts Institute for Psychoanalysis, Boston, MA
- 1999 Psychotherapeutic Interventions / 10.5-hour CME Course (May-Jun)
Three Ripley Street – A CME Program for Mental Health Professionals, Newton, MA
- 1999 Creating a Functional Bridge Between the Unconscious and Consciousness / Plenary
Address at Annual Conference
Trauma Center at the Arbour-HRI Hospital + Three Ripley Street, Brookline, MA
- 1999 Integration of Mind and Body / Keynote Presentation at 2-day Conference
Massachusetts School of Professional Psychology, Dedham, MA
- 2000 Modes of Therapeutic Action – Part I / Invited Lecture
Trauma Center at the Arbour-HRI Hospital, Brookline, MA

- 2000 Agents of Therapeutic Change / Invited Lecture
Pembroke Hospital Health System, Lowell, MA
- 2000 Knowledge, Experience, and Relationship: Agents of Therapeutic Change / Invited
Lecture
Westwood Lodge Hospital, Westwood, MA
- 2000 Modes of Therapeutic Action – Part II / Invited Lecture
Trauma Center at the Arbour-HRI Hospital, Brookline, MA
- 2000 Modes of Therapeutic Action – Part III / Invited Lecture
Trauma Center at the Arbour-HRI Hospital, Brookline, MA
- 2000 The Therapeutic Relationship – Part I / Invited Lecture
Trauma Center at the Arbour-HRI Hospital, Brookline, MA
- 2000 The Therapeutic Relationship – Part II / Invited Lecture
Trauma Center at the Arbour-HRI Hospital, Brookline, MA
- 2000 Working with Resistance / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2000 Contemporary Psychoanalytic Theory / 12-hour Course in Core Curriculum for 1st Year
Analytic Candidates
Boston Psychoanalytic Institute, Boston, MA
- 2000 Contemporary Psychoanalytic Theory / 18-hour Course in Core Curriculum for 4th Year
Analytic Candidates
Massachusetts Institute for Psychoanalysis, Boston, MA
- 2000 Impasses in Couple Therapy: Working with Intractable Conflicts / Workshop
Psychoanalytic Couple and Family Institute of New England, Cambridge, MA
- 2001 Agents of Therapeutic Change: Knowledge, Experience, and Relationship / Invited
Lecture
Brookline Community Mental Health Center, Brookline, MA
- 2001 Working with Resistance / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2001 Contemporary Psychoanalytic Theory / 12-hour Course in Core Curriculum for 1st Year
Analytic Candidates
Boston Psychoanalytic Institute, Boston, MA
- 2002 Agents of Therapeutic Change / 3-hour Keynote Presentation at Annual Conference
New England Area Renal Social Workers, Sturbridge, MA
- 2002 Working with Resistance / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2002 Contemporary Psychoanalytic Theory / 12-hour Course in Core Curriculum for 1st Year
Analytic Candidates
Boston Psychoanalytic Institute, Boston, MA
- 2003 Working with Resistance / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2003 Clinical Seminar VIII / 18-hour Course in the Core Curriculum for 4th Year Analytic
Candidates
Massachusetts Institute for Psychoanalysis, Boston, MA
- 2004 Working with Resistance / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2005 Working with Resistance / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2006 Working with Resistance in Psychotherapy / Invited Lecture

- Brookline Center, Brookline, MA
- 2006 Working with Resistance / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2007 Transformation of Relentless Hope: A Relational Approach to Sadomasochism / Grand Rounds (Contemporary Issues in Psychodynamic Psychotherapy)
Boston Institute for Psychotherapy, Boston, MA
- 2007 Transformation of Relentless Hope: A Relational Approach to Sadomasochism / 6-hour Keynote Presentation at Annual Conference
Spring Conference of the Rhode Island Association for Psychoanalytic Psychologies, Providence, RI
- 2007 Modes of Therapeutic Action / 2-hour Wednesday Evening Lecture Series
Psychotherapy Training Program for Brown University Psychiatry Residents, Providence, RI
- 2008 The Therapeutic Action: Process and Integration / 3-hour Workshop
Massachusetts Institute for Psychoanalysis, Boston, MA
- 2009 Relentless Hope: The Refusal to Grieve / Invited Speaker
New England Branch of the International Society for the Psychotherapy of Schizophrenias and Other Psychoses, Newton, MA
- 2010 Negotiating at the Intimate Edge of Sadomasochistic Engagement / 2-hour Presentation
Center for Counseling and Student Development, Roger Williams University, Providence, RI
- 2011 Relentless Hope: The Refusal to Grieve / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2012 Relentless Hope: The Refusal to Grieve / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2012 Relentless Hope: The Refusal to Grieve / 6-hour Course (Online)
Smith College School for Social Work, Northampton, MA
- 2013 Relentless Hope: The Refusal to Grieve / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2013 Relentless Hope: The Refusal to Grieve / 6-hour Course (Online)
Smith College School for Social Work, Northampton, MA
- 2013 From Defense to Adaptation: The Ever-Evolving Psychodynamic Process / 6-week Course
10 Concord Avenue, Cambridge, MA
- 2013 From Defense to Adaptation: The Ever-Evolving Psychodynamic Process / Grand Rounds (Contemporary Issues in Psychodynamic Psychotherapy)
Boston Institute for Psychotherapy, Boston, MA
- 2014 Psychodynamic Psychotherapy / 3-hour Case Conference
Massachusetts School of Professional Psychology, Newton, MA
- 2014 Relentless Hope: The Refusal to Grieve / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2014 Relentless Hope: The Refusal to Grieve / 6-hour Course (Online)
Smith College School for Social Work, Northampton, MA
- 2014 Working Through Resistance and Relentlessness
Fellowship Program, Boston Psychoanalytic Society and Institute, Newton, MA
- 2015 Traumatic Loss, Heartbreak, and Relentless Hope / 2-hour Plenary Address
Boston College University Counseling Services Professional Development Colloquium, Chestnut Hill, MA

- 2015 Relentless Hope: The Refusal to Grieve / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2016 Relentless Hope: The Refusal to Grieve / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2017 Relentless Hope: The Refusal to Grieve / 6-hour Lecture
Smith College School for Social Work, Northampton, MA
- 2017 The Schizoid Defense of Relentless Despair: A Heart Shattered and The Private Self / 3-hour Keynote Presentation at Annual Conference
Fall Conference of Rhode Island Association for Psychoanalytic Psychologies, Providence, RI
- 2018 A Heart Shattered, Relentless Despair, and The Unlived Life / 2.5-hour Featured Speaker at Annual Conference
Western Massachusetts and Albany Association for Psychoanalytic Psychology, Stockbridge, MA
- 2020 Agents of Therapeutic Change: Knowledge, Experience, and Relationship / 3-hour Guest Lecture in Introduction to Counseling SED CE 500 Spring Term Course
Boston University Wheelock College of Education & Human Development, Boston, MA

National

- 1979 Projective-Introjective Modalities in Martial Interactions / Keynote Presentation at Annual Conference
Margaret Mahler's Masters Children's Center, New York, NY
- 1989 Controversial Issues in Psychoanalysis / Chair and Discussion at Annual Spring Conference
Division of Psychoanalysis (39) of American Psychological Association, New York, NY
- 1993 Forgivable and Unforgivable Empathic Failures / Keynote Presentation at Annual Conference
National Association of Social Workers, Boston, MA
- 1995 Resistance in Psychotherapy / 4-hour Presentation at Annual Meeting
148th Annual Meeting of American Psychiatric Association, Miami, FL
- 1996 Interpretation, Empathy, or Authenticity? / 4-hour Presentation at Annual Meeting
149th Annual Meeting of American Psychiatric Association, New York, NY
- 1996 Resistance in Psychotherapy / 4-hour Presentation at Annual Meeting
149th Annual Meeting of American Psychiatric Association, New York, NY
- 1996 Working with Resistance / 6-hour Keynote Presentation at Annual Conference
Hamm Clinic, St. Paul, MN
- 1996 The Therapist's Choices / Plenary Address at Annual Conference
United States Association for Body Psychotherapy, Springfield, MA
- 1996 The Body in Psychotherapy / Invited Panel Member
United States Association for Body Psychotherapy, Springfield, MA
- 1997 Close Encounters of the Brief Kind: The Long-term Therapist's Choices When There Is Not Enough Time / 6-hour Presentation at Annual Conference
Hamm Clinic, St. Paul, MN
- 1997 New Challenges for Proven Values: Defending Access, Fairness, Ethics, Decency / 4-hour Presentation at Annual Conference
American Psychiatric Association's Institute on Psychiatric Services, Washington, DC
- 1997 The Therapist's Choices: Interpretation, Provision, and Interaction / 6-hour Presentation at

- Annual Conference
17th Annual Meeting of Division 39 (Psychoanalysis) of American Psychological Association, Minneapolis, MN
- 1997 Psychiatry Practice in the Current Environment / Keynote Presentation at Annual Conference
Arkansas Psychiatric Society, Little Rock, AK
- 1998 The Therapist's Unwitting Seductiveness: Stoking the Flames of the Patient's Desire / 6-hour Presentation at Annual Conference
Hamm Clinic, St. Paul, MN
- 1998 Models of Therapeutic Action / 6-hour Keynote Presentation at Annual Fall Conference
Western New York Psychoanalytic Society, Buffalo, NY
- 1998 Sadomasochistic Relations / Chair and Moderator at Annual Spring Meeting
18th Annual Meeting of Division 39 (Psychoanalysis) of American Psychological Association, Boston, MA
- 1998 Desire in the Countertransference / Invited Discussion at Annual Spring Meeting
18th Annual Meeting of Division 39 (Psychoanalysis) of American Psychological Association, Boston, MA
- 1998 Use of the Therapist's Self: The Role of Containment in Treatment with the Borderline Patient / Keynote Presentation at Annual Scientific Day
Sheppard Pratt Health System, Baltimore, MD
- 1998 When the Body Meets the Mind: What Body Psychotherapy Can Learn from Psychoanalysis / Plenary Address at 1st Biennial Conference
1st National Conference of United States Association for Body Psychotherapy, Boulder, CO
- 1998 What Heals? Knowledge, Experience, or Relationship? A Conversation Between a Psychoanalyst and a Body Psychotherapist / Panel Discussion at 1st Biennial Conference
1st National Conference of United States Association for Body Psychotherapy, Boulder, CO
- 1998 What Heals? Bottom-up or Top-down? / 3-hour Invited Presentation at 1st Biennial Conference
1st National Conference of United States Association for Body Psychotherapy, Boulder, CO
- 1998 The Body in Relationship: Perspectives on the Therapeutic Relationship in Body Psychotherapy / Panel Discussion at 1st Biennial Conference
1st National Conference of United States Association for Body Psychotherapy, Boulder, CO
- 1999 The Clinician's Guide to Psychotherapeutic Interventions / 6-hour Keynote Presentation at Annual Conference
Hamm Clinic, St. Paul, MN
- 1999 What I Do with What You Give Me / Chair and Moderator at Annual Spring Meeting
19th Annual Meeting of Division 39 (Psychoanalysis) of American Psychological Association, New York, NY
- 1999 Changing My Relationship with Myself Through My Relationship with You / Clinical Case Discussion
19th Annual Meeting of Division 39 (Psychoanalysis) of American Psychological Association, New York, NY
- 1999 Authentic Engagement at the Intimate Edge / Panel Discussion
19th Annual Meeting of Division 39 (Psychoanalysis) of American Psychological Association, New York, NY

- Association, New York, NY
- 1999 Modes of Therapeutic Action: Enhancement of Knowledge, Provision of Experience, and Engagement in Relationship / Meet-the-Author Session
19th Annual Meeting of Division 39 (Psychoanalysis) of American Psychological Association, New York, NY
- 1999 On Finding and Being Found / Invited Panel Member
19th Annual Meeting of Division 39 (Psychoanalysis) of American Psychological Association, New York, NY
- 2000 Modes of Therapeutic Action: Enhancement of Knowledge, Provision of Experience, and Engagement in Relationship / 6-hour Keynote Presentation for Annual Conference
Oregon Alliance for Contemporary Psychoanalysis, Portland, OR
- 2000 Why Don't You Hear Me? / 3-hour Invited Discussion
Northwest Center for Psychoanalysis, Portland, OR
- 2000 What Does Love Have to Do with It? / 2-hour Invited Discussion
Northwest Center for Psychoanalysis, Portland, OR
- 2000 The Body as a Medium of Analytic Interaction / Invited Panel Member
20th Annual Meeting of Division 39 (Psychoanalysis) of American Psychological Association, San Francisco, CA
- 2000 Locating the Mind of the Patient in the Body of the Therapist / Invited Panel Member
20th Annual Meeting of Division 39 (Psychoanalysis) of American Psychological Association, San Francisco, CA
- 2000 Psychoanalysis Enacted: Re-experiencing the Old, Constructing the New / Invited Lecture
20th Annual Meeting of Division 39 (Psychoanalysis) of American Psychological Association, San Francisco, CA
- 2000 To Show or Tell: Unraveling and Transforming the Symptom Story / Invited Panel Member
20th Annual Meeting of Division 39 (Psychoanalysis) of American Psychological Association, San Francisco, CA
- 2000 An Intersubjective View of Relentless Hope and Irreconcilable Loss / Invited Panel Discussion
Annual Meeting of American Psychoanalytic Association, New York, NY
- 2000 The Psychology of Health, Immunity, and Disease / Invited Seminar Leader
National Institute for the Clinical Application of Behavioral Medicine, Hilton Head, SC
- 2000 Psychoanalysis Enacted / Invited Panel Member at 2nd Biennial Conference
2nd National Conference of United States Association for Body Psychotherapy, Berkeley, CA
- 2000 Mind-Body Connection: Locating the Mind of the Patient in the Body of the Therapist / Invited Panel Member at 2nd Biennial Conference
2nd National Conference of United States Association for Body Psychotherapy, Berkeley, CA
- 2000 Trauma, the Body, and the Sense of Self / 6-hour Post-Conference Presentation at 2nd Biennial Conference
2nd National Conference of United States Association for Body Psychotherapy, Berkeley, CA
- 2001 Relentless Hope: The Refusal to Grieve / 6-hour Keynote Presentation at Annual Conference
Institute for Clinical Social Work, Chicago, IL
- 2001 Why Bad Things Happen to Good People / Clinical Case Consultation

- 2001 The Institute for Clinical Social Work, Chicago, IL
Woe Is Me! / Clinical Case Consultation
Institute for Clinical Social Work, Chicago, IL
- 2001 Relentless Hope: The Refusal to Grieve / 6-hour Keynote Presentation at Annual
Conference
Denver Institute for Psychoanalysis, Denver, CO
- 2001 The Beginning of the End / Clinical Case Consultation
Denver Institute for Psychoanalysis, Denver, CO
- 2001 Modes of Therapeutic Action / 6-hour Keynote Presentation at Annual Conference
Center for Psychotherapy and Psychoanalysis of New Jersey, New York, NY
- 2002 Relentless Hope: The Refusal to Grieve / 6-hour Keynote Presentation at Annual
Conference
New Jersey Institute for Training in Psychoanalysis, Teaneck, NJ
- 2003 Relentless Hope: The Refusal to Grieve / 6-hour Plenary Address for Annual Conference
23rd Annual Meeting of Division 39 (Psychoanalysis) of American Psychological
Association, Minneapolis, MN
- 2003 Passion for the Impossible / Invited Lecture
23rd Annual Meeting of Division 39 (Psychoanalysis) of American Psychological
Association, Minneapolis, MN
- 2004 Transformation of the Need to Hold On into the Capacity to Let Go / 6-hour Keynote
Speaker for Annual Conference
New Mexico Psychoanalytic Society, Albuquerque, NM
- 2004 Relentless Hope: The Refusal to Grieve / 6-hour Keynote Presentation at Annual
Conference
Western Pennsylvania Forum for Relational and Body-Centered Psychotherapy,
Pittsburgh, PA
- 2004 Transference-Countertransference Entanglements / Clinical Case Discussion
Women's Mental Health Collaborative, Pittsburgh, PA
- 2004 The Insidious Destabilizing Health Effects of Heavy Metals and Toxic Chemicals:
Diagnosis and Treatment / Appointed Monitor (Overseer) for the Entire 4-day Conference
39th Annual Meeting of American Academy of Environmental Medicine, Hilton Head, SC
- 2005 Agents of Therapeutic Change: The Clinician's Guide to Psychotherapeutic Interventions
/ 6-hour Lead-off Speaker in Annual Seminar Series
Western Pennsylvania Forum for Relational and Body-Centered Psychotherapy,
Pittsburgh, PA
- 2005 Clinical Case Consultation / Invited Discussion
Women's Mental Health Collaborative, Pittsburgh, PA
- 2005 What Enables Patients to Get Better? / 6-hour Keynote Presentation at Annual Conference
Michigan Psychoanalytic Institute and the Madonna University Masters of Science in
Clinical Psychology Program, Detroit, MI
- 2005 Moment by Moment: A Dynamic Model of Therapeutic Action / 6-hour Keynote
Presentation at Annual Conference
Austin Women's Psychotherapy Project, Austin, TX
- 2005 Cancer and the Environment: The Legacy of the Industrial Age – Asbestos to Xenobiotics
/ Appointed Monitor (Overseer) for the Entire 4-day Conference
40th Annual Meeting of American Academy of Environmental Medicine, Tucson, AZ
- 2006 The Brain and the Environment: Immunity, Infection, Inflammation, and Toxins /
Appointed Monitor (Overseer) for the Entire 4-day Conference

- 2007 41st Annual Meeting of American Academy of Environmental Medicine, Tucson, AZ
Modes of Therapeutic Action: Knowledge, Experience, and Relationship / 6-hour Keynote
Presentation at Annual Conference
- 2007 Annual South Oregon Psychotherapy Conference, Medford, OR
How Does Psychotherapy Work? / 6-hour Keynote Presentation at Annual Conference
- 2007 2nd Annual Meeting of the Northwest Alliance for Psychoanalytic Study, Seattle, WA
Modes of Therapeutic Action: Knowledge, Experience, and Relationship / 6-hour Keynote
Presentation at Annual Conference
Hamm Clinic, St. Paul, MN
- 2008 Planet in Peril: Best Solutions for Tough Times / Moderator for Saturday Morning Panel
43rd Annual Meeting of American Academy of Environmental Medicine, Orlando, FL
- 2008 The Wisdom of the Matrix: Regulation, Balance, and Harmony / Featured Speaker at
Annual Conference
True North Conference on Integrating the Science and Spirit of Healing / Portland, ME
- 2008 The Wisdom of the Matrix: From Chaos to Coherence / Featured Speaker at Annual
Conference
Frequency Specific Microcurrent Symposium, San Antonio, TX
- 2009 Optimal Stress: Stronger at the Broken Places / 6-hour Lead-off Speaker in Annual
Seminar Series
Western Pennsylvania Forum for Relational and Body-Centered Psychotherapy,
Pittsburgh, PA
- 2009 Sadomasochism: Theory and Treatment / Clinical Case Discussion
Women's Mental Health Collaborative, Pittsburgh, PA
- 2009 Optimal Stress: Stronger at the Broken Places / Featured Speaker at Annual Conference
8th Annual Conference presented by UCLA Extension and Lifespan Learning Institute
(Current Approaches to the Treatment of Trauma: The Shift from Cognition to Affect
Regulation), Los Angeles, CA
- 2009 Body Under Siege: Inflammation and Autoimmunity / Moderator for Friday Afternoon
Panel
44th Annual Meeting of American Academy of Environmental Medicine, Chandler, AZ
- 2010 Relentless Hope: The Refusal to Grieve / 6-hour Keynote Presentation at Annual
Conference
San Antonio Society for Psychoanalytic Studies – Local Affiliate of Division 39
(Psychoanalysis) of American Psychological Association, San Antonio, TX
- 2011 Optimal Stress: Stronger at the Broken Places / Invited Workshop Presentation
1st Annual iMosaic Integrative Medicine Conference – A 360 Degree Look at Current
Topics in Integrative Medicine: Educating Physicians to Provide Patients with New
Choices and New Hope (jointly sponsored by American Academy of Environmental
Medicine, American College for Advancement in Medicine, American Holistic Medical
Association, and International College of Integrative Medicine), Minneapolis, MN
- 2011 Relentless Hope: The Refusal to Grieve / 6-hour Keynote Presentation at Annual
Conference
Newport Psychoanalytic Institute – The Training Division of Newport Center for
Psychoanalytic Studies, Los Angeles, LA
- 2011 Transforming Defensive Need into Adaptive Capacity / Clinical Case Discussion
Newport Psychoanalytic Institute, Los Angeles, LA
- 2012 Modes of Therapeutic Action: Awareness, Acceptance, Accountability, and Adaptability /
6-hour Keynote Presentation at Annual Conference (Fifth Jean Sanville Day)

- Sanville Institute for Clinical Social Work and Psychotherapy, California State University, Los Angeles, CA
- 2012 Relentless Hope: The Refusal to Grieve / 3-hour Keynote Presentation at Annual Conference
Southeast Florida Association for Psychoanalytic Psychology – Local Affiliate of Division 39 (Psychoanalysis) of American Psychological Association, Ft. Lauderdale, FL
- 2013 Integrating Four Modes of Therapeutic Action: Awareness, Acceptance, Accountability, and Adaptability / 6-hour Keynote Presentation at Annual Conference
Los Angeles County Psychological Association, Los Angeles, CA
- 2014 Relentless Hope: The Refusal to Grieve / 2-hour Scientific Program sponsored by Lucy Daniels Foundation
North Carolina Psychoanalytic Society, Chapel Hill, NC
- 2014 Impasse in Long-term Treatment of Young Male / Clinical Case Discussion
North Carolina Psychoanalytic Society, Chapel Hill, NC
- 2014 Core Course entitled The Transformative Power of Optimal Stress: From Cursing the Darkness to Lighting a Candle / 1 month (four 1-hour video recorded lectures and daily online “threaded discussions”)
18-hour CE “blended learning” program sponsored by Center for Psychoanalytic Studies at William James College, Newton, MA
- 2015 Core Course entitled The Transformative Power of Optimal Stress: From Cursing the Darkness to Lighting a Candle / 1 month (four 1-hour video recorded lectures and daily online “threaded discussions”)
18-hour CE “blended learning” program sponsored by Center for Psychoanalytic Studies at William James College, Newton, MA
- 2016 The Transformative Power of Optimal Stress / 2-hour Presentation at Annual Teaching Conference for Environmental Physicians sponsored by William J. Rea, MD
Environmental Health Center, Dallas, TX
- 2016 Core Course entitled The Transformative Power of Optimal Stress: From Cursing the Darkness to Lighting a Candle / 1 month (four 1-hour video recorded lectures and daily online “threaded discussions”)
18-hour CE “blended learning” program sponsored by Center for Psychoanalytic Studies at William James College, Newton, MA
- 2016 Holistic Psychotherapy: Healing the MindBodyMatrix / 6-hour Keynote Presentation at Annual Conference
Newport Psychoanalytic Institute – Training Division of Newport Center for Psychoanalytic Studies, Los Angeles, LA
- 2016 Neuroinflammation and Depression: When the Terrain of the Pain Is the Brain / 1-hour Presentation at Annual Conference on Inflammation: Cooling the Heat
InnoVision Professional Media, Inc., Scottsdale, AZ
- 2016 Neuroinflammation and Depression: When the Domain of Pain Is the Brain / 35-minute Presentation at 24th Annual World Congress on Anti-Aging Medicine entitled Where All the Pieces Come Together
American Academy of Anti-Aging Medicine, Las Vegas, NV
- 2016 Moderator for 3-hour Afternoon Breakout Session entitled You Are What You Eat at 24th Annual World Congress on Anti-Aging Medicine
American Academy of Anti-Aging Medicine, Las Vegas, NV
- 2017 Inflammation and Depression: When the Domain of Pain Is the Brain / 1-hour Course in Core Curriculum for 4-day Level 7 Training entitled Healing the Environment to Heal the

Body

- 2017 Academy of Comprehensive Integrative Medicine, Dallas, TX
The Therapeutic Use of Optimal Stress to Provoke Recovery / 1-hour Course in Core Curriculum for 4-day Level 7 Training entitled Healing the Environment to Heal the Body Academy of Comprehensive Integrative Medicine, Dallas, TX
- 2017 The Therapeutic Use of Optimal Stress: Precipitating Disruption to Trigger Repair / 2.5-hour Psychoanalytic Training Session for licensed mental health professionals
Brookhaven Institute for Psychoanalysis and Christian Theology, Fogelsville, PA
- 2017 Core Course entitled The Transformative Power of Optimal Stress: From Cursing the Darkness to Lighting a Candle / 1 month (four 1-hour video recorded lectures and daily online “threaded discussions”)
18-hour CE “blended learning” program sponsored by Center for Psychoanalytic Studies at William James College, Newton, MA
- 2017 Inflammation and Depression: When the Domain of Pain Is the Brain / 75-minute (Lead-Off) Presentation at Annual Conference on Inflammation
InnoVision Professional Media, Inc., St. Louis Park, MN
- 2018 Core Course entitled The Transformative Power of Optimal Stress: From Cursing the Darkness to Lighting a Candle / 1 month (four 1-hour video recorded lectures and daily online “threaded discussions”)
18-hour CE “blended learning” program sponsored by Center for Psychoanalytic Studies at William James College, Newton, MA
- 2018 The Transformative Power of Optimal Stress: From Defensive Reaction to Adaptive Capacity / 6-hour Keynote Presentation at Annual Conference
Center for Psychotherapy and Psychoanalysis of New Jersey, Madison, NJ
- 2018 Wise Mind / Wise Body: The Neuroplastic Synergy of Mindfulness and Intentionality / 75-minute (Lead-Off) Presentation at Annual Conference on Implementing Mind-Body Medicine into a Holistic Practice
InnoVision Professional Media, Inc., St. Louis Park, MN
- 2019 A Heart Shattered, Relentless Despair, and the Unlived Life / 3-hour Presentation at Psychoanalytic Psychotherapy Conference
Oklahoma Society for Psychoanalytic Studies, Oklahoma City, OK
- 2019 The Transformative Power of Optimal Stress: Precipitating Disruption to Trigger Repair / 3-hour Post-Conference Workshop at a Conference entitled Transformed: Emerging Trends in Training and Practice
Christian Association for Psychological Studies, Irving, TX
- 2019 The Transformative Power of Optimal Stress: Precipitating Disruption to Trigger Repair / 2-day (12-hour) Keynote Presentation at Annual Training Conference for Psychiatric Residents and Core Faculty
Residency Training Program at Griffin Memorial Hospital, Norman, OK
- 2019 Core Course entitled The Transformative Power of Optimal Stress: From Cursing the Darkness to Lighting a Candle / 1 month (four 1-hour video recorded lectures and daily online “threaded discussions”)
18-hour CE “blended learning” program sponsored by Center for Psychoanalytic Studies at William James College, Newton, MA
- 2020 Modes of Therapeutic Action: Knowledge, Experience, and Relationship / 90-minute Presentation to Psychology Graduate Students
Doctoral Training Program at George Fox University, Newberg, OR
- 2020 Core Course entitled The Transformational Power of Optimal Stress: Rewiring the Brain

- and Reprogramming the Mind / 1 month (four 1-hour video recorded lectures and daily online “threaded discussions”)
18-hour CE “blended learning” program sponsored by Center for Psychoanalytic Studies at William James College, Newton, MA
- 2021 A Heart Shattered, The Private Self, and A Life Unlived: An Existential-Humanistic Approach to Relentless Despair
4-hour CE “interactive virtual conference” sponsored by the Wright Institute Los Angeles (WILA) Alumni Association, Los Angeles, CA
- 2021 Relentless Hope: The Refusal to Grieve / 1-hour Regularly Scheduled Series (Grand Rounds)
Department of Psychiatry / The Zucker Hillside Hospital – A Division of North Shore – Long Island Jewish Health System / Glen Oaks, NY
- 2021 Core Course entitled Understanding Life Backward but Living Life Forward: Analyzing to Understand but Envisioning Possibilities to Incentivize Action / 1 month (four 1-hour video recorded lectures and daily online “threaded discussions”)
18-hour CE “blended learning” program sponsored by Center for Psychoanalytic Studies at William James College, Newton, MA
- 2021 Relentless Hope: The Refusal to Grieve / 1-hour eBook Lecture
Distance Learning / eBook Lecture Series sponsored by the International Psychotherapy Institute: A Professional Learning Community in Chevy Chase, MD
- 2021 A Heart Shattered, The Private Self, and A Life Unlived / 1-hour eBook Lecture
Distance Learning / eBook Lecture Series sponsored by the International Psychotherapy Institute: A Professional Learning Community in Chevy Chase, MD
- 2021 The Transformative Power of Optimal Stress: From Cursing the Darkness to Lighting a Candle / 1-hour eBook Lecture
Distance Learning / eBook Lecture Series sponsored by the International Psychotherapy Institute: A Professional Learning Community in Chevy Chase, MD
- 2022 Psychodynamic Synergy Paradigm: The Marriage of Multiple Theories and Techniques / 14.5-hour Presentation for Weekend Conference
Psychodynamic Psychotherapy Weekend Conference sponsored by the International Psychotherapy Institute in Rockville, MD

International

- 2000 Interpersonal Aspects of Bioenergetic Therapy / Plenary Address at International Conference
15th Biennial Conference of the International Institute for Bioenergetic Analysis, Montreal, Quebec, Canada
- 2000 What Heals? Knowledge, Experience, or Relationship? / Invited Presentation
15th Biennial Conference of the International Institute for Bioenergetic Analysis, Montreal, Quebec, Canada
- 2003 Mysterious Mental Illnesses, Pernicious Poisons / Featured Speaker
21st Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2004 The Role of Neuroinflammation in Depression / Featured Speaker
22nd Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2005 The Role of Neuroinflammation in Depression / Keynote Presentation at Annual

Conference

- 2005 7th Annual Congresso Internazionale teorico pratico di Nutrizione Olistica, International Society for Clinical Ecology, Costermano, Italy
The Heart of the Matter / Featured Speaker
23rd Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2005 Modes of Therapeutic Action: Enhancement of Knowledge, Provision of Experience, and Engagement in Relationship / 14-hour Keynote Presentation at Annual Conference
Centre for Treatment of Sexual Abuse and Childhood Trauma, Ottawa, Ontario, Canada
- 2006 The Reversibility of Chemical Sensitivity and Chronic Degenerative Disease: Mechanisms According to Dr. William Rea / Featured Speaker
24th Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2007 Mood and Depression – Adrenal and Thyroid Dysfunction / Invited Panel Member
14th Annual International Symposium (21st Century Endocrinology: Thyroid and Adrenal as Sentinel Organs), Institute for Functional Medicine, Tucson, AZ
- 2007 The Wisdom of the Matrix: Regulation, Balance, and Harmony / Featured Speaker
25th Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2007 The Autonomic Nervous System / Moderator for Friday Afternoon Panel
25th Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2008 Optimal Stress: Stronger at the Broken Places / Featured Speaker
26th Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2008 Innovative Aspects and Treatment of Molds and Mycotoxins / Moderator for Friday Afternoon Panel
26th Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2008 Innovative Aspects and Treatment of Molds and Mycotoxins / Moderator for Saturday Morning Panel
26th Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2009 Murmur of the Heart: The Story It Tells When We Listen / Featured Speaker
27th Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2009 Nutritional and Environmental Aspects of Cardiovascular Disease / Moderator for Friday Afternoon Panel
27th Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2010 Electromagnetic Field Sensitivity and the Excitotoxic Cascade: Neuroprotective or Neurotoxic? / Featured Speaker
28th Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2010 The Chemical Mechanisms Leading to Electromagnetic Field Sensitivity / Moderator for Friday Afternoon Panel
28th Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX

- 2010 The Chemical Mechanisms Leading to Electromagnetic Field Sensitivity / Moderator for Saturday Afternoon Panel
28th Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2010 Modes of Therapeutic Action: Enhancement of Knowledge, Provision of Experience, and Engagement in Relationship / 10-hour Keynote Presentation at Annual Conference
Centre for Treatment of Sexual Abuse and Childhood Trauma, Ottawa, Ontario, Canada
- 2010 On Accepting, Forgiving, Letting Go, and Moving On / Clinical Case Discussion
Centre for Treatment of Sexual Abuse and Childhood Trauma, Ottawa, Ontario, Canada
- 2011 The Sandpile Model: Optimal Stress, Complexity, and Hormesis / Featured Speaker
10th Annual International Conference entitled “Dose Response 2011: Implications for Toxicology, Medicine, and Risk Assessment,” International Dose-Response Society – Focusing on the Dose-Response in the Low-Dose Zone, University of Massachusetts, Amherst, MA
- 2014 Relentless Hope: The Refusal to Grieve / Featured Speaker
2nd International Conference entitled “Integration in Psychotherapy,” Polish Society for Psychotherapy Integration, Warsaw, Poland
- 2014 My Way Towards Integration in Psychotherapy / Invited Panel Member
2nd International Conference entitled “Integration in Psychotherapy,” Polish Society for Psychotherapy Integration, Warsaw, Poland
- 2014 Limits to Integration: Potential Threats of Integrative Psychotherapy in Clinical Practice and Ways of Avoiding Them / Invited Panel Member
2nd International Conference entitled “Integration in Psychotherapy,” Polish Society for Psychotherapy Integration, Warsaw, Poland
- 2014 Modes of Therapeutic Action: Enhancement of Knowledge, Provision of Experience, and Engagement in Relationship / Workshop
2nd International Conference entitled “Integration in Psychotherapy,” Polish Society for Psychotherapy Integration, Warsaw, Poland
- 2014 Increasing Efficacy of Psychotherapy: New Ideas / Invited Panel Member
2nd International Conference entitled “Integration in Psychotherapy,” Polish Society for Psychotherapy Integration, Warsaw, Poland
- 2014 Increasing Efficacy of Psychotherapy: New Ideas / Invited Panel Member
2nd International Conference entitled “Integration in Psychotherapy,” Polish Society for Psychotherapy Integration, Warsaw, Poland
- 2014 Modes of Therapeutic Action: Enhancement of Knowledge, Provision of Corrective Experience, and Engagement in Authentic Relationship / Featured Discussant
Semiannual Online Colloquium entitled “A Relational Approach to Transactional Analysis,” International Association of Relational Transactional Analysis
- 2015 Relentless Hope: The Refusal to Grieve / Featured Discussant
Semiannual Online Colloquium entitled “The Integration of Transactional Analysis and Psychoanalysis,” International Association of Relational Transactional Analysis
- 2017 The Therapeutic Use of Optimal Stress to Provoke Healing: Stronger at the Broken Places / Featured Speaker
3rd International Conference entitled “Integration of Psychotherapy in the Disintegrating World,” Polish Society for Psychotherapy Integration, Warsaw, Poland
- 2017 Do I Consider Myself an Integrative Psychotherapist? / Invited Panel Member
3rd International Conference entitled “Integration of Psychotherapy in the Disintegrating World,” Polish Society for Psychotherapy Integration, Warsaw, Poland

- 2017 Thomas: A Case of Introjective Identification / Invited Case Presenter
3rd International Conference entitled “Integration of Psychotherapy in the Disintegrating World,” Polish Society for Psychotherapy Integration, Warsaw, Poland
- 2017 To What Extent and in What Ways Should Psychotherapists Take into Account Current Social Processes? / Invited Panel Member
3rd International Conference entitled “Integration of Psychotherapy in the Disintegrating World,” Polish Society for Psychotherapy Integration, Warsaw, Poland
- 2017 The Therapeutic Use of Optimal Stress to Provoke Recovery: From Cursing the Darkness to Lighting a Candle / 2-day (12-hour) Featured Presentation at Annual Conference Centre for Treatment of Sexual Abuse and Childhood Trauma, Ottawa, Ontario, Canada
- 2018 “Quantum People”: From ElectroSensitivity to QuantoCreativity / Featured Speaker
29th Annual International Symposium on Man and His Environment, Environmental Health Foundation, Dallas, TX
- 2021 Relentless Hope: The Refusal to Grieve
2-hour “live video session” for the Eastern Mediterranean Scientific Research Community, Marmara University, The Turkish Republic of Northern Cyprus

Report of Clinical Activities and Innovations

Current Licensure and Certification

- 1974- Massachusetts Medical License
2004- Board Diplomate, American Association of Psychiatric Medicine
2009- Board Certified, American Association of Integrative Medicine

Report of Education of Patients and Service to the Community

Activities

- 1995 Guest Lecture – Relentless Pursuit of the Unattainable – to the Business and Professional Women of Trinity Church in Boston
Offered a talk designed to highlight the importance of transforming the defensive (and unhealthy) need to “hold on” into the adaptive (and healthier) capacity to “let go”
- 2001 Annual Joan Fleming Lecture – Relentless Hope: The Refusal to Grieve / Denver Psychoanalytic Society, Denver, CO
Participated in Public Lecture Series created to increase awareness of the impact of the unconscious on our daily lives
- 2003- Consultant to homeowners interested in designing environmentally safe, chemical-free homes
Offer counsel to concerned homeowners about construction of green, eco-friendly homes
- 2005 The Ladder of Health: The Cumulative Impact of “Too Much Bad” and “Too Little Good” / 1-hour Invited Presentation, Tucson, AZ
Participated in Daylong Town Meeting (What You Eat, Drink, and Breathe in Your House and School Can Cause Cancer in You and Your Children) arranged by American Academy of Environmental Medicine and created to increase public awareness of the impact of environmental factors on our physical and mental health

Educational Material for Patients and the Lay Community

Books, monographs, articles and presentations in other media

2008	Position Paper: Chemical Sensitivity	Armstrong J, Natzke J, Ranheim P, Stark M	available on American Academy of Environmental Medicine website (aaemonline.org)
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Recognition

1997	Listed in Acknowledgments in Peter D Kramer's <i>Listening to Prozac: A Psychiatrist Explores Antidepressant Drugs and the Remaking of the Self</i> (Viking Penguin, 1993)	Peter D Kramer, MD, Clinical Professor of Psychiatry and Human Behavior, Brown University School of Medicine
1997	Listed in Dr. Whitaker's <i>Directory of Nutrition-Oriented Physicians (Practitioners and Resources in the United States and Canada)</i> (Phillips Publishing, 1997)	Julian M Whitaker, MD, Founder, Whitaker Wellness Institute (Newport Beach, CA)
2000	My conceptualization of the therapeutic relationship (therapist as neutral object, empathic selfobject, and authentic subject) served as the cornerstone for Andreas Wehowsky's article – "Diagnosis as Care: Diagnosis as Politics" – in the peer-reviewed, scientific <i>International Journal of Psychotherapy</i> 2000 Nov;5(3):241-55	Andreas Wehowsky, Director, German Institute for Biosynthesis
2000-	Listed in 1999-2000 (Millennium) Edition of <i>Strathmore's Who's Who</i> and in Subsequent Editions	<i>Strathmore's Who's Who</i>
2000-	Listed in <i>International Who's Who of Professional and Business Women</i> and in Subsequent Editions	<i>Marquis Who's Who</i>
2001	Listed in Acknowledgments in John J Ratey's <i>A User's Guide to the Brain: Perception, Attention, and the Four Theaters of the Brain</i> (Pantheon, 2001)	John J Ratey, MD, Associate Clinical Professor of Psychiatry, HMS
2003-	Listed in 2003 Edition of the <i>National Register's Who's Who in Executives and Professionals</i> and in Subsequent Editions	<i>National Register's Who's Who</i>
2004	My conceptualization of the modes of therapeutic action (enhancement of knowledge "within," provision of corrective experience "for," and engagement in authentic relationship "with") were frequently quoted in Nancy McWilliams' <i>Psychoanalytic Case Formulation</i> (Guilford Press, 1999)	Nancy McWilliams, PhD, Visiting Professor of Psychology, Graduate School of Applied and Professional Psychology at Rutgers
2004	Quoted in Robert Lewis's lead-off article	Robert Lewis, MD, Faculty, International

- “Anatomy of Empathy” – in *Bioenergetic Analysis: The Clinical Journal of the International Institute for Bioenergetic Analysis* (Apr 2005) Institute of Bioenergetic Analysis; Faculty, NYU/Mount Sinai Medical Center
- 2004 My conceptualization of “resistance” was used as the cornerstone for Deborah Saunders’ 2004 piece on “The Unlikely Sacred Gateway” Deborah Saunders, Integrated Kabbalistic Healer (Graham, WA)
- 2004- Listed in 2003-2004 Edition of the *American Woman Who’s Who Registry* and in Subsequent Editions *American Woman Who’s Who Registry*
- 2004- Listed in 2003-2004 Edition of the *Great Women of the 21st Century* and in Subsequent Editions American Biographical Institute, Inc.
- 2004- One of my case vignettes and my conceptualization of emotional maturity and realistic hope formed the foundation for an Elaine Gottlieb article – “Emotional Maturity: Your Personal Strength” – that has now been posted (by different hospitals) on at least 20 online sites Elaine Gottlieb, Freelance Writer – Article reprinted on following websites: Fort Worth Surgery Center, Baptist Health Systems, NYU Langone Medical Center, Ridgeview Medical Center, Surgical Center of South Jersey, Aurora BayCare Medical Center, Montgomery Surgery Center, Care New England Wellness Center, Weiss Memorial Hospital, Surgery Center of Elizabethtown, After Fifty Living, Lahey Clinic, NorthBay HealthCare, Brown Alpert Medical School, Hartford Hospital, and numerous more American Biographical Institute, Inc.
- 2005- Listed in 2004-2005 Edition of *The Contemporary Who’s Who of Professionals* and in Subsequent Editions
- 2006 Listed in Acknowledgments in Pat Ogden’s *Trauma and the Body: A Sensorimotor Approach to Psychotherapy* (WW Norton & Co, 2006) Pat Ogden, PhD, Founder and Director, Sensorimotor Psychotherapy Institute (Boulder, CO)
- 2006 Quoted in Helke Ferrie’s Aug/Sep 2006 online article – “The Secrets of the Heart” – in *Vitality: The Trusted Source for Natural Health Solutions* *Vitality Magazine*
- 2006 *Working with Resistance* was selected as 1 of the “Top 5 Books That Made You a Better Psychotherapist” in an online forum for psychiatric residents The Student Doctor Network and PsychCentral
- 2006- Listed in 2005-2006 Edition of *The International Directory of Experts and Expertise* and in Subsequent Editions American Biographical Institute, Inc.
- 2006- Listed in 24th Edition of the *Marquis Who’s Who in the World* and in Subsequent Editions *Marquis Who’s Who*

2006-	Listed in 25 th Silver Anniversary Edition of the <i>Marquis Who's Who of American Women</i> and in Subsequent Editions	<i>Marquis Who's Who</i>
2006-	Listed in 6 th Edition of the <i>Marquis Who's Who in Medicine and Healthcare</i> and in Subsequent Editions	<i>Marquis Who's Who</i>
2006-	Listed in 9 th Edition of the <i>Marquis Who's Who in Science and Engineering</i> and in Subsequent Editions	<i>Marquis Who's Who</i>
2008-	Listed in 2007-2008 Edition of the <i>Cambridge Who's Who Among Executives and Professionals in Psychiatric Medicine</i> and in Subsequent Editions	<i>Cambridge Who's Who</i>
2008-	Listed in 2008-2009 Edition of the <i>Cambridge Who's Who Among Executives, Professionals, and Entrepreneurs</i> and in Subsequent Editions	<i>Cambridge Who's Who</i>
2008-	Based upon patient ratings and comments, recipient of 2008 Patients' Choice Award and in Subsequent Years	Vitals Health Information Exchange (Online Physician Evaluation and Comparison Service)
2011-	Invited to join LeadPhysician Expert Panel (Network of Medical Specialists in the Life Sciences)	LeadPhysician (Leading worldwide panel of healthcare professionals who participate in online medical market research surveys)

Report of Scholarship

Peer reviewed publications in print or other media

JOURNAL ARTICLES –

1. **Stark M.** Hormesis, adaptation, and the sandpile model. *Critical Reviews in Toxicology* 2008;38(7):641-644.
2. **Stark M.** The sandpile model: Optimal stress and hormesis. *Dose-Response (formerly Nonlinearity in Biology, Toxicology, and Medicine)* 2012;10(1):66-74.
3. Adler K, **Stark M**, Choi-Kain L, Marouf F, Gans S. Clinical Challenge – “Something is better than nothing”: Psychotherapy with an older woman. *Harvard Review of Psychiatry* 2012;20(2):109-118.
4. Stone S, **Stark M.** Structured play therapy groups for preschoolers: Facilitating the emergence of social competence. *International Journal of Group Psychotherapy* 2013 Jan;63(1):26-50.

Non-peer reviewed scientific or medical publications/materials in print or other media

JOURNAL ARTICLES –

1. **Stark M.** Discussion of Dr. Daniel Kriegman's “Defining self psychology: Challenges for a new psychoanalytic paradigm.” *The New England Journal of Self Psychology* 1993;1(1):8-10.
2. **Stark M.** On finding and being found. *Psychotherapy Forum* 1996;2(3):1-2.

3. Curtis L, Lieberman A, **Stark M**, Rea W, Vetter M. Adverse health effects of indoor molds. *Journal of Nutritional & Environmental Medicine* 2004 Sep;14(3):261-274.
4. Curtis L, Lieberman A, **Stark M**, Rea W, Vetter M. Adverse health effects of indoor moulds. *Journal of Australasian College of Nutritional & Environmental Medicine* 2004 Apr;23(1):3-8.
5. Curtis L, Lieberman A, **Stark M**, Rea W, Vetter M. Adverse health effects of indoor moulds. *Nexus Magazine* 2006 Jun-Jul;13(4):19-23.
6. **Stark M**. Neurotransmitters, pharmacologic synergy, and clinical strategies. Feature Article in *Psychiatric Times Special Edition* 2006 Oct;23(12):1-8.
7. **Stark M**. Debating the one-third rule – My response to Dr. Boris Vatel. *Psychiatric Times* 2007 Mar;24(3):22-24.
8. **Stark M**. Review of *The Science of The Art of Psychotherapy* (Allan N. Schore). *Psychoanalytic Psychology* (a Publication of the American Psychological Association) 2015 Jan;32(1):228-234.
9. **Stark M**. Review of *The Science of The Art of Psychotherapy* (Allan N. Schore). *The Neuropsychotherapist* 2015 Apr;13:30-33.
10. **Stark M**. Editorial – Hormesis: the difference between a poison and a medication. *Journal of Clinical and Experimental Toxicology* 2017;1(1):1-2.

ENDORSEMENTS ON BOOK COVERS / JACKETS –

1. Sussman M. *A Curious Calling: Unconscious Motivations for Practicing Psychotherapy*. Northvale, NJ: Jason Aronson, 1992.
2. Strean H. *Psychotherapy with the Unattached: Resolving Problems of Single People*. Northvale, NJ: Jason Aronson, 1995.
3. Gediman H, Lieberman J. *The Many Faces of Deceit: Omissions, Lies, and Disguise in Psychotherapy*. Northvale, NJ: Jason Aronson, 1996.
4. Lewin R. *Compassion: The Core Value that Animates Psychotherapy*. Northvale, NJ: Jason Aronson, 1996.
5. Strean H. *Mending the Broken Heart: A Psychological Perspective on Preventing and Treating Heart Disease*. Northvale, NJ: Jason Aronson, 1996.
6. Paris J. *Working with Traits: Psychotherapy of Personality Disorders*. Northvale, NJ: Jason Aronson, 1996.
7. Sherwood V. *Getting Past Resistance in Psychotherapy with the Out-of-Control Adolescent*. Northvale, NJ: Jason Aronson, 1998.
8. Tosone C, Aiello T. *Love and Attachment: Contemporary Issues and Treatment Considerations*. Northvale, NJ: Jason Aronson, 1999.
9. Hedges L. *Terrifying Transferences: Aftershocks of Childhood Trauma*. Northvale, NJ: Jason Aronson, 1999.
10. McCormack C. *Treating Borderline States in Marriage: Dealing with Oppositionalism, Ruthless Aggression, and Severe Resistance*. Northvale, NJ: Jason Aronson, 2000.
11. Bochner D. *The Therapist's Use of Self in Family Therapy: Countertransference in the Therapist-Family System*. Northvale, NJ: Jason Aronson, 2000.
12. Shay J, Wheelis J. *Odysseys in Psychotherapy*. New York, NY: Ardent Media, 2000.
13. Hedges L. *Facing the Challenge of Liability in Psychotherapy: Practicing Defensively*. Northvale, NJ: Jason Aronson, 2000.
14. Connors RE. *Self-Injury: Psychotherapy with People Who Engage in Self-Inflicted Violence*. Northvale, NJ: Jason Aronson, 2000.
15. Hellinga G, van Luyn B, Dalewijk H. *Personalities: Master Clinicians Confront the Treatment of Borderline Personality Disorders*. Northvale, NJ: Jason Aronson, 2001.

16. Shabad P. *Despair and the Return of Hope: Echoes of Mourning in Psychotherapy*. Northvale, NJ: Jason Aronson, 2001.
17. Rubovits-Seitz P. *The Interpretive Process in Clinical Practice*. Northvale, NJ: Jason Aronson, 2001.
18. Rubovitz-Seitz P. *A Primer of Clinical Interpretation*. Northvale, NJ: Jason Aronson, 2002.
19. Jacobs L, Wachs C. *Parent Therapy: A Relational Alternative to Working with Children*. Northvale, NJ: Jason Aronson, 2002.
20. Hedges L. *Listening Perspectives in Psychotherapy*. Northvale, NJ: Jason Aronson, 2002.
21. McLaughlin J. *The Healer's Bent: Solitude and Dialogue in the Clinical Encounter*. Hillsdale, NJ: The Analytic Press, 2005.
22. Rogers SA. *The High Blood Pressure Hoax!* Sarasota, FL: Sand Key Company, 2005.
23. Rogers SA. *The Cholesterol Hoax!* Sarasota, FL: Sand Key Company, 2008.
24. Cornell WF. *Explorations in Transactional Analysis: The Meech Lake Papers*. Pleasanton, CA: TA Press, 2008.
25. McCormick RK. *The Whole-Body Approach to Osteoporosis: How to Improve Bone Strength and Reduce Your Fracture Risk*. Oakland, CA: New Harbinger Publications, 2009.
26. Hedaya R. *Depression: Advancing the Treatment Paradigm*. Gig Harbor, WA: A Functional Medicine Monograph, 2008.
27. Birney RR. *Cities of the Soul*. Bloomington, IN: AuthorHouse, 2007.
28. Hedges L. *Sex in Psychotherapy: Sexuality, Passion, Love, and Desire in the Therapeutic Encounter*. New York, NY: Routledge/Taylor & Francis Group, 2011.
29. Miller R. *Unwrapped: Integrative Therapy with Gay Men ... the Gift of Presence*. Phoenix, AZ: Zeig, Tucker & Theisen, 2014.
30. Kaplan A. *Grief Counseling: The Companionship Model*. Chevy Chase, MD: International Psychotherapy Institute eBook, 2014.
31. Danielian J, Gianotti P. *Uncovering the Resilient Core: A Workbook on the Treatment of Narcissistic Defenses, Shame, and Emerging Authenticity*. New York, NY: Routledge (Taylor & Francis Group), 2017.
32. Stern S. *Needed Relationships and Psychoanalytic Healing: A Holistic Relational Perspective on the Therapeutic Process*. New York, NY: Routledge (Taylor & Francis Group), 2017.
33. Wei M, Groves J. *The Harvard Medical School Guide to Yoga: 8 Weeks to Strength, Awareness, and Flexibility*. Boston, MA: Da Capo Press, 2017.
34. Bernstein J. *mindfulness for teen worry: quick & easy strategies to let go of anxiety, worry & stress*. Oakland, CA: New Harbinger Publications, Inc., 2018.
35. Hedges L. *The Call of Darkness: A Relational Listening Approach to Suicide Intervention*. International Psychotherapy Institute eBook, 2018.
36. Schore AN. *Right Brain Psychotherapy*. New York, NY: WW Norton & Company, 2019.
37. Rediger J. *Cured: The Life-Changing Science of Spontaneous Healing*. New York, NY: Flatiron Books, 2020.
38. Willis C, Crawford Samuelson M. *Opening to Grief: From Loss to Peace*. Newburyport, MA: Red Wheel / Weiser, 2020.
39. Zvelc G, Zvelc M. *Integrative Psychotherapy: A Mindfulness- and Compassion-Oriented Approach*. London and New York: Routledge (Taylor & Francis Group), 2021.

FOREWORD –

1. Davidson J. *Transforming Wounds into Wisdom: Change Your Attitudes and Save Your Life*. San Dimas, CA: New Perspectives Press, 2015. Foreword by **Martha Stark, MD**.

2. Hedges L. *Relational Listening: A Handbook*. International Psychotherapy Institute eBook, 2018. Foreword by **Martha Stark, MD**.

BOOK CHAPTERS –

1. **Stark M**. The therapist as recipient of the patient's relentless entitlement. In: Sussman M, ed. *A Perilous Calling: The Hazards of Psychotherapy Practice*. New York, NY: John Wiley & Sons, 1995;188-199.
2. **Stark M**. From structural conflict to relational conflict: A contemporary model of therapeutic action. In: Lifson L, ed. *Understanding Therapeutic Action: Psychodynamic Concepts of Cure*. New York, NY: The Analytic Press, 1996;237-252.
3. **Stark M**. If you love your job, you'll never work another day in your life. In: Reppen J, ed. *Why I Became a Psychotherapist*. Northvale, NJ: Jason Aronson, 1998;263-273.
4. Plummer J, **Stark M**. Long-term therapy by telephone: The patient who cannot let go. In: Aronson J, ed. *Use of the Telephone in Psychotherapy*. Northvale, NJ: Jason Aronson, 2000;213-227.
5. **Stark M**. Overcoming relentless hope. In: Aronson J, ed. *3-Minute Consultations with America's Greatest Psychotherapists*. Northvale, NJ: Jason Aronson, 2000;14-17.
6. **Stark M**. Discussion: Engaging patients authentically. In: Streaan H, ed. *Controversies on Countertransference*. Northvale, NJ: Jason Aronson, 2001;141-154.
7. **Stark M**. Resistance. In: Erwin E, ed. *The Freud Encyclopedia: Theory, Therapy, and Culture*. New York, NY: Routledge, 2002;495-496.
8. **Stark M**. Optimal stress, psychological resilience, and the sandpile model. In: Rattan S, Le Bourg E, eds. *Hormesis in Health and Disease*. Boca Raton, FL: CRC Press (Taylor & Francis Group), 2014;201-224.
9. **Stark M**. Integrative psychotherapy: Healing the MindBodyMatrix. In: Greenblatt J, Brogan K, eds. *Integrative Psychiatry for Depression: Redefining Models for Assessment, Treatment, and Prevention of Mood Disorders*. Boca Raton, FL: CRC Press (Taylor & Francis Group), 2015;403-419.
10. **Stark M**. The therapeutic use of optimal stress: Precipitating disruption to trigger recovery. In: Solomon M, Siegel D, eds. *How People Change: Relationships and Neuroplasticity in Psychotherapy (Norton Series on Interpersonal Neurobiology)*. New York, NY: Norton, 2017;185-219.
11. **Stark M**. The therapist's capacity to tolerate the intolerable: My tears, not his. In: Lord S, ed. *Moments of Meeting in Psychoanalysis: Interaction and Change in the Therapeutic Encounter (Relational Perspectives Book Series)*. London and New York: Routledge (Taylor & Francis Group), 2017;145-160.
12. **Stark M**. The therapeutic use of stress to provoke recovery: The perspective of a holistic psychiatrist / psychoanalyst. In: Rea WJ, Patel K, eds. *Reversibility of Chronic Disease and Hypersensitivity, Volume 4: The Environmental Aspects of Chemical Sensitivity*. Boca Raton, FL: CRC Press (Taylor & Francis Group), 2017.
13. **Stark M**. A psychotherapeutic approach to living life forward: The neuroplastic synergy of mindfulness and intentionality. In: Bakhru A, ed. *Nutrition and Integrative Medicine: A Primer for Clinicians, Vol. 2*. Boca Raton, FL: CRC Press (Taylor & Francis Group), 2021 (forthcoming).

FEATURED ESSAYS –

1. **Stark M**. Using a conflict statement in an intervention. In: *Psychotherapy Book News: A Journal*

of Essays and Reviews, 1998.

2. **Stark M.** Homeostatic versus disruptive attunement. In: *Psychotherapy Book News: A Journal of Essays and Reviews*, 2000.
3. **Stark M.** Taking on the patient's despair. In: *The NEW Psychotherapy Book News: A Journal of Essays and Reviews*, 2000.

FEATURED INTERVIEWS –

1. **Stark M.** An interview with Dr. Martha Stark. In: *Psychotherapy Book News: A Journal of Essays and Reviews*, 1999.
2. **Stark M.** An interview with Dr. Martha Stark on Relentless Hope (Nadzieja Wbrew Nadziei). In: *Charaktery: Magazyn Psychologiczny* (Polish Magazine), May 2014.

SELECTED DISCUSSIONS BY OTHER PUBLISHED AUTHORS ABOUT THE MODES OF THERAPEUTIC ACTION IN MY “PSYCHODYNAMIC SYNERGY PARADIGM” –

1. Berlin A. **A “stark” choice between subjectivity and objectivity in the therapeutic relationship.** *Transactional Analysis Journal* 2019 May;49(3),169-180.
2. Biever JA, Karinch M, et al. *The Wandering Mind: Understanding Dissociation from Daydreams to Disorders*. New York, NY: Rowman & Littlefield Publishers, 2012.
3. Cheever O. *Education as Transformation in American Psychiatry: From Voices of Control to Voices of Connection*. Ann Arbor, MI: UMI Dissertation Services, 1995.
4. Greenblatt J, Lee W. *Integrative Medicine for Depression: A Breakthrough Treatment Plan that Eliminates Depression Naturally*. Victoria, British Columbia, CA: FriesenPress Publishing, 2019.
5. Hsieh S. Sharing our edges: The mindfulness influence on therapist's formulation of insight. In: *Theses, Dissertations, and Projects*. Northampton, MA: Smith ScholarWorks, 2015.
6. International Institute for Bioenergetic Analysis – Honoring Alexander Lowen. B Hilton's **“Bioenergetics and modes of therapeutic action.”** In: *The vitality of Bioenergetic Analysis in the writings of some contemporary authors* – eBook, pp. 81-94, 2018.
7. International Institute for Bioenergetic Analysis – Honoring Alexander Lowen. V Schroeter's **“Borderline character structure revisited.”** In: *The vitality of Bioenergetic Analysis in the writings of some contemporary authors* – eBook, pp. 223-238, 2018.
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Narrative Report

I am a psychiatrist and psychoanalyst specializing in the in-depth treatment of “difficult” patients and those with a history of previous failed therapies. Upon graduation from HMS in 1974, I did my adult residency at CHA and my child fellowship at MMHC.

For 36 years, I was Clinical Instructor in Psychiatry at HMS; since July 2015, I have been a Lecturer on Psychiatry (Part-time) at HMS – currently at CHA. For many years, I was Faculty, Postdoctoral Program in Psychoanalytic Psychotherapy at MGH; and, subsequently, Faculty, Center for Psychoanalytic Studies at MGH.

I am also Faculty, Psychiatry Redefined; Co-Founder / Co-Director / Faculty, Center for Psychoanalytic Studies at William James College; and Faculty / Scientific Advisory Board, Academy of Comprehensive Integrative Medicine.

For many years, as Core Faculty at Boston Psychoanalytic Institute (where I did my psychoanalytic training) and Massachusetts Institute for Psychoanalysis, I taught Theory as well as Clinical Practice to 4th year analytic candidates (at both institutes).

For decades, I have also been actively involved in the CE programs at William James College and Smith College School for Social Work (where I am Adjunct Faculty). I am Former Faculty, Massachusetts Association for Psychoanalytic Psychology; Boston Institute for Psychotherapy; and Psychoanalytic Couple and Family Institute of New England.

For 44 years, I have maintained an active private practice, including individual supervision and short- and long-term supervision groups. My particular expertise is with “resistant” patients, including narcissistic, sadomasochistic, and borderline personality disorders. In addition to working intensively with such patients in my own practice, I spend a number of hours every week providing clinical consultation to colleagues whose patients are in crisis. Also, over the course of my career, I have been the psychopharmacology consultant for 10 different mental health organizations and have also provided their therapists with ongoing clinical consultation. Over the course of the past three decades, I have “mentored” some 390 therapists.

From 1989-2001, I ran *Three Ripley Street* – a nationally accredited CME program that provided CMEs to physicians (and allied healthcare professionals). Over the course of its 13 years, my annual Guest Lecture Series (featuring nationally renowned speakers) drew thousands of attendees; and my 3-times-a-year, 7-week-long Continuing Education Courses had classes ranging in size from 25 to 45. *Three Ripley Street* had the distinction of being the very first “non-institutional” program accredited by the Massachusetts Medical Society to provide CMEs to physicians.

I currently devote about 25% of my time to academic writing and to lecturing / presenting – locally, regionally, nationally, and internationally – at teaching conferences and grand rounds. I have been invited to speak at every major teaching hospital and mental health facility in the greater Boston area; and I offer periodic 12-hour-long weekend seminars at various psychoanalytic and psychodynamic training institutes around the country.

The books I have authored focus on the translation of psychoanalytic theory into clinical practice and several have become “mandatory reading” at psychoanalytic institutes and in psychodynamic psychotherapy training programs not only locally – MGH and McLean – but also regionally, nationally, and abroad. My publisher selected *Modes of Therapeutic Action* as his “Book of the Year”; and the late owner of the Mandrake Bookstore (in Harvard Square) stated in a letter to me that my books were the “top-selling professional books” in the “entire 45-year history” of his store.

In addition to my three “bound” books (*Working with Resistance; A Primer on Working with Resistance; and Modes of Therapeutic Action: Enhancement of Knowledge, Provision of Experience, and Engagement in Relationship*), I have now authored six eBooks (*The Transformative Power of Optimal Stress; Psychotherapeutic Moments; How Does Psychotherapy Work?; Relentless Hope: The Refusal to Grieve; A Heart Shattered, The Private Self, and A Life Unlived: An Existential-Humanistic Approach to Relentless Despair; and Understanding Life Backward but Living It Forward*) – all published by the International Psychotherapy Institute (IPI) and enjoying a wide readership.

Board Certified by the American Association of Integrative Medicine, I have contributed chapters to integrative medicine textbooks – including Rattan and Le Bourg’s *Hormesis in Health and Disease*; Greenblatt and Brogan’s *Integrative Therapies for Depression*; Rea and Patel’s *Reversibility of Chronic Disease and Hypersensitivity, Volume 4: The Environmental Aspects of Chemical Sensitivity*; Solomon and Siegel’s *How People Change: Relationships and Neuroplasticity in Psychotherapy*; and *Nutrition and Integrative Medicine: A Primer for Clinicians, Volume 2* – as well as articles to peer-reviewed toxicology / environmental medicine journals – including *Critical Reviews in Toxicology; Dose-Response: Nonlinearity in Biology, Toxicology, and Medicine*; and *Journal of Nutritional & Environmental Medicine*.

As I have come increasingly to appreciate that the modes of therapeutic action involve not just *awareness, acceptance, accountability, and accessibility* but also *adaptability* (i.e., the ability to process and integrate the impact of the myriad environmental stressors to which mind and body are being continuously exposed), I am being asked to speak at integrative medical conferences addressing the mind-body connection.

In 2007, I was invited to deliver the Closing Plenary Address – “The Wisdom of the Matrix: Regulation, Balance, and Harmony” – at the Institute for Functional Medicine’s 14th Annual International Symposium in Tucson, AZ. I have also been asked to teach courses through American Academy of Anti-Aging Medicine; American Academy of Environmental Medicine; Academy of Comprehensive Integrative

Medicine; InnoVision Professional Media; Psychiatry Redefined; and American Holistic Dental Association.

As I have evolved, so too my understanding of the healing process has evolved – from one that emphasizes the internal workings of the mind to one that is more holistic and appreciates the complex interdependence of mind and body. I now describe it as my “Psychodynamic Synergy Paradigm.”

I am currently Founder / CEO of SynergyMed for MindBodyHealth: Integrating Traditional and Nontraditional Solutions®.