

FUN REVIEW 😊

1

MODEL 1 – STRUCTURAL CONFLICT
MODEL 2 – STRUCTURAL DEFICIT
MODEL 3 – RELATIONAL CONFLICT

MODEL 1 – INTERNAL CONFLICTEDNESS
MODEL 2 – RELENTLESS PURSUITS
MODEL 3 – COMPULSIVE REPETITIONS

MODEL 1 – THE (NEUROTICALLY) CONFLICTED SELF
MODEL 2 – THE (NARCISSISTICALLY) VULNERABLE SELF
MODEL 3 – THE (RELATIONALLY) RE-ENACTING SELF

MODEL 1 – NEUROTIC CONFLICTEDNESS
MODEL 2 – NARCISSISTIC VULNERABILITY
MODEL 3 – NOXIOUS RELATEDNESS

MODEL 1 – ENHANCEMENT OF KNOWLEDGE
MODEL 2 – PROVISION OF EXPERIENCE
MODEL 3 – ENGAGEMENT IN RELATIONSHIP

2

MODEL 1 – CLASSICAL PSYCHOANALYTIC PERSPECTIVE
MODEL 2 – SELF PSYCHOLOGY AND OTHER DEFICIT MODELS
MODEL 3 – CONTEMPORARY RELATIONAL PERSPECTIVE

MODEL 1 – INTERPRETING
MODEL 2 – GRIEVING
MODEL 3 – NEGOTIATING

MODEL 1 – RESISTANT
MODEL 2 – RELENTLESS
MODEL 3 – RE-ENACTING

MODEL 1 – COGNITIVE DISSONANCE
MODEL 2 – AFFECTIVE DISILLUSIONMENT
MODEL 3 – RELATIONAL DETOXIFICATION

MODEL 1 – AWARENESS
MODEL 2 – ACCEPTANCE
MODEL 3 – ACCOUNTABILITY

3

MODEL 1 – CONFLICT STATEMENTS
 MODEL 2 – DISILLUSIONMENT STATEMENTS
 MODEL 3 – ACCOUNTABILITY STATEMENTS

MODEL 1 – KNOWLEDGE
 MODEL 2 – EXPERIENCE
 MODEL 3 – RELATIONSHIP

MODEL 1 – 1 – PERSON
 MODEL 2 – 1½ – PERSON
 MODEL 3 – 2 – PERSON

MODEL 1 – WITHIN
 MODEL 2 – FOR
 MODEL 3 – WITH

MODEL 1 – COGNITIVE
 MODEL 2 – AFFECTIVE
 MODEL 3 – RELATIONAL

4

MODEL 1 – STRONGER AND MORE EMPOWERED EGO
 MODEL 2 – MORE CONSOLIDATED SELF
 MODEL 3 – MORE ACCOUNTABLE SELF – IN – RELATION

MODEL 1 – NEUTRAL OBJECT
 MODEL 2 – EMPATHIC SELF/OBJECT
 MODEL 3 – AUTHENTIC SUBJECT

MODEL 1 – NEUTRALITY / OBJECTIVITY
 MODEL 2 – EMPATHY
 MODEL 3 – AUTHENTICITY

MODEL 1 – GAIN – BECOME – PAIN
 MODEL 2 – GOOD – BECOME – BAD
 MODEL 3 – BAD – BECOME – GOOD

MODEL 1 – RESOLVING CONFLICT
 MODEL 2 – FILLING IN DEFICIT – ADD NEW GOOD
 MODEL 3 – DETOXIFYING TOXICITY – CHANGE OLD BAD

5

MODEL 1 – INCREMENTAL TAMING AND STRENGTHENING
 MODEL 2 – SERIAL ACCRETION
 MODEL 3 – SERIAL DILUTION

MODEL 1 – RESOLVE CONFLICT
 MODEL 2 – ADD NEW GOOD
 MODEL 3 – CHANGE OLD BAD

MODEL 1 – NATURE
 MODEL 2 – (NURTURING) ERRORS OF OMISSION
 MODEL 3 – (NURTURING) ERRORS OF COMMISSION

MODEL 1 – UNTAMED ID AND WEAK EGO
 MODEL 2 – DEPRIVATION AND NEGLECT
 MODEL 3 – TRAUMA AND ABUSE

MODEL 1 – DYSFUNCTIONAL INTERNAL DYNAMICS
 MODEL 2 – RELENTLESS PURSUIT OF THE UNATTAINABLE
 MODEL 3 – DYSFUNCTIONAL RELATIONAL DYNAMICS

6
